



BACK TO THE SCALPEL

Bridging the Gap Back to Surgery

Speakers	Session	Time
	Registration	09:30-10:00
Felicity Meyer/ Michaelaella Cameron/Sree Mallappa	Welcome and Icebreaker	10:00-10:15
Linda Orr, Michaelaella Cameron Samantha Tross, Christine Mitoko, Sree Mallappa,Felicity Meyer Moderator :Rupinder Panesar	Overcoming Barriers and Success Stories	10:15-10:55
Speaker: Nuha Yassin	Practical Strategies for Career Progression	10:55-11:35
	Coffee Break	11:35-11:50
Speaker: Olivia Donnelly	ACT for wellbeing: practical skills when returning to work	11:50-12:30
Panelists : Shirley Chan,Nuha Yassin,Narain Moorjani, Scarlet Nazarian Moderator : Sree Mallappa	Navigating Training and Skills Development	12:30-13:10
	Lunch and Networking	13:10-14:10
Scarlet Nazarian	Reigniting Research and Professional Development	14:10-14:50
Panelists : Rebecca Martin, Felicity Meyer, Narain Moorjani, Linda Orr Moderator : Michaelaella Cameron	Work-Life Harmony and Surgical Career Progression	14:50-15:30
Speaker: Lisa Tyrer	Reducing burnout risk on return	15:30-16:15
Sree Mallappa and Christine Mitoko	Reflection and Closing Remarks	16:15-16:30

Saturday November 8th 2025 Soft Launch in person		
Speakers	Session	Time
	Registration	10:00-10:30
Back to the Scalpel Representative- Sree Mallappa and Michaela Cameron	Welcome	10:30-10:35
Speaker Ruth Ruggles/Antonia Calogeras	The Psychology of Returning Back to Clinical Practice	10:35-11:15
Scenario 1 Operating under pressure	Extended Reality	11:15-11:45
Scenario 2 Supervising under pressure	Extended Reality	11:45-12:15
	Lunch	12:15-12:45
Scenario 3: When home calls	Extended Reality	12:45-13:15
Scenario 4: The busy ward round	Extended Reality	13:15-13:45
	Break and Networking	13:45-14:15
Panelists : Christine Mitoko, Michaela Cameron, Tharsika Myuran, Rupinder Panesar, Paula Coyle Moderator : Felicity Meyer	The First month Back: What I Wish I Knew	14:15-14:45
Back to the Scalpel Team	Closing	14:45-15:00