



# Advanced Arthroscopic Knee

## Programme

### Course Directors

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## Course Programme

<b>Day One</b>		
<i>Time</i>	<i>Content</i>	<i>Format</i>
0830-0900	Registration and Refreshments	
0830-0900	Faculty Meeting	
0900-0910	Welcome and Introduction	
0910-0930	Primary ACL Reconstruction	Presentation
0930-0950	Technique: Transtibial, Medial Portal, Double Bundle	Presentation
0950-1020	Revision ACL	Presentation
<b>1020-1100</b>	<b>Refreshments</b>	
1100-1230	Practical ACL session and discussion	Practical, cadaveric
<b>1230-1330</b>	<b>Lunch</b>	
1330-1400	Meniscus: partial excision and repair	Presentation
1400-1420	Meniscus: Transplant, Scaffolds	Presentation
1420-1440	Other soft tissue conditions: Plica, Hoffa's, Patellar Tendon	Presentation
1440-1510	Articular Cartilage: Microfracture, Mosaicoplasty, ACT	Presentation
1510-1530	OA in the 'Young'	Presentation
<b>1530-1600</b>	<b>Refreshments</b>	
1600-1730	Meniscus repair, Microfracture and Discussion	Practical, cadaveric
1730-1740	Closing Remarks	

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<b>Day Two</b>		
<i>Time</i>	<i>Content</i>	<i>Format</i>
<b>0830-0900</b>	<b>Refreshments</b>	
0900-0910	Introduction	
0910-0940	Primary PCL Reconstruction	Presentation
0940-1000	PLC Early Repair and Reconstruction	Presentation
1000-1020	Patella Instability	Presentation
1020-1040	Patella Instability: MPFL, Trochleoplasty	Presentation
<b>1040-1110</b>	<b>Refreshments</b>	
1110-1300	Practical MPFL and Discussion	Practical, cadaveric
<b>1300-1400</b>	<b>Lunch</b>	
1400-1600	Practical PCL, PLC Reconstruction and Discussion	Practical, cadaveric
1600-1620	Closing remarks	

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