

SAC in Orthodontics

Guide to balance of sessional commitments for full-time and part-time ST4 and ST5 orthodontic trainees

(Based on Guidelines for UK Post-CCST Training Appointments in Orthodontics, July 2012, Joint Committee for Postgraduate Training in Dentistry, SAC in Orthodontics)

NHS hospital trainees Sessions per week	Clinical/Non-clinical split		Distribution of sessions	per week	or per month	Length of training (months)
Full-time 10 sessions	Total clinical sessions	8	Personal treatment	5 per week		24
			New patient	1 per week	4/5 per month	
			Multidisciplinary clinics Review clinics Teaching	2 per week	8/9 per month	
	Non-clinical	2	Research, Study, Audit Management & Administration	1.5 or similar sensible 0.5 balance		
Part-time 8 sessions	Total clinical sessions	6.5	Personal treatment	4 per week		30
			New patient	1 (approx)	3/4 per month	
			Multidisciplinary clinics Review clinics Teaching	1.5 (approx)	6/7 per month	
	Non-clinical	1.5	Research, Study, Audit Management & Administration	1.0 or similar sensible 0.5 balance		
Part-time (minimum) 6 sessions	Total clinical sessions	5	Personal treatment	3 per week		40
			New patient	0.75	3 per month	
			Multidisciplinary clinics Review clinics Teaching	1.25	5 per month	
	Non-clinical	1	Research, Study, Audit Management & Administration	0.75 or similar sensible 0.25 balance		

Balance of multi-disciplinary clinics/review clinics/teaching

- Multidisciplinary clinics will include Orthognathic clinics, Restorative/Paedodontic clinics, Cleft Lip and Palate (CLP) clinics.
- All trainees must have a reasonable exposure to all relevant disciplines.
- It is recommended that half of the time allocated for multi-disciplinary clinics/review clinics/teaching will be spent at Orthognathic clinics.
- The balance of attendance at other clinics and teaching experience will vary according to individual posts.
- For some trainees a block of time may be spent developing skills in disciplines such as CLP care, rather than attending regular clinics.
- Over the whole course of training, attendance at a minimum of 24 CLP clinics and 12 Restorative/Paedodontic clinics is recommended.