### General Professional Training in England and Wales



### A PRACTICAL GUIDE

Faculty of Dental Surgery
The Royal College of Surgeons of England

### General Professional Training in England and Wales A PRACTICAL GUIDE

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### **FOREWORD**

It is a great pleasure to introduce *General Professional Training in England and Wales – A Practical Guide*. It is hoped that this will provide a helpful and practical overview of general professional training for the new graduate and has been written as a companion volume to *Specialisation in Dentistry – A Practical Guide* published by the Faculty in February 1999.

The guide includes sections on the concept of general professional training; the professional bodies responsible for setting and monitoring standards; the components of general professional training; opportunities for the new graduate; the diploma of Membership of the Faculty of Dental Surgery (MFDS); and some of the career options available following general professional training. A list of useful contacts from which further information can be obtained is appended.

General professional training provides exciting opportunities for the new graduate and is designed to provide broad based clinical training in several disciplines of dentistry to prepare the graduate for subsequent training in the career of their choice. This is supported by an educational process based on the curriculum of the MFDS diploma which was developed by the Surgical Royal Colleges of the United Kingdom and in Ireland.

The Faculty has developed a distance learning course to assist the graduate preparing for the MFDS examination. This includes study days at the College and support from a network of Faculty Tutors at local level. In the first two years since the introduction of the MFDS examination, around 800 trainees had enrolled.

Graduates are encouraged to become involved with the Faculty at an early stage in their career. Initially this will be during the period of general professional training during which time the MFDS will be taken. If the graduate elects to enter specialist training this link will develop as progress is made towards a Specialty Membership or the Intercollegiate Specialist Fellowship.

Whatever direction the graduate's career eventually takes, a diplomate of the College can benefit from the support and facilities that the College can offer over their practising lifetime. This includes registration for continuing professional development, a varied educational programme, libraries, a computer assisted learning centre, a video library, anatomy and pathology museums, residential accommodation and participation in the many activities of the College.

Lavia Barrand

David Barnard CBE Dean March 2001



### Life Long Learning

The General Dental Council launched *Lifelong Learning: Recertification for the Dental Profession* in April 2000. The aim of the scheme is to ensure that all dentists update their knowledge and acquire new skills, both to benefit their patients and to enhance the quality of their professional lives. The scheme formalises good practice and gives all dentists personal responsibility to direct their own learning in the interests of their patients. All dentists should participate in continuing professional development (CPD) in order to satisfy the requirements of the General Dental Council. (Appendix 1)

### General Professional Training

The continuum of training and education begins as an undergraduate and continues after qualification over the practising career. General professional training (GPT) is usually undertaken immediately following qualification and has been defined as the structured further development of knowledge, skills and attitudes common to all branches of the dental profession which will provide a basis for informed career choice and improved patient care (1). It is felt desirable that for more balanced training, periods should be spent in both the primary and secondary care settings although the content remains flexible.

A consistent and high standard of postgraduate dental education is essential to sustain and improve patient care. A key component in delivering this goal is assuring the quality of training in individual placements and programmes (2). The Faculty of Dental Surgery of the Royal College of Surgeons of England plays a key role in this process.

### The Royal College of Surgeons of England

The Faculty of Dental Surgery is based at The Royal College of Surgeons of England at Lincoln's Inn Fields in central London. The Faculty plays a key role in setting standards for training posts and provides a distance learning course for those aiming to take the examination for the diploma of Membership of the Faculty of Dental Surgery (MFDS). The Faculty is a national and international organisation fulfilling its role through representatives based in every Postgraduate Deanery in the United Kingdom and throughout the world. (Appendix 2)

Faculty of Dental Surgery



Website at: www.rcseng.ac.uk/fds

### WHO IS RESPONSIBLE FOR TRAINING AND STANDARDS?

### The General Dental Council

The General Dental Council (GDC) is the statutory regulatory body for the dental profession in the UK, and has a primary responsibility to protect the public. It discharges this role through the promotion of high standards of dental education at all its stages and high standards of professional conduct amongst dentists.

The GDC is the competent authority with statutory responsibility for standards of specialist training. It has defined one of the entry requirements for entry to recognised specialist training programmes as the MFDS diploma or equivalent.

In 1996 an agreement was formalised between the GDC, the Dental Faculties of the Surgical Royal Colleges and other educational bodies defining their respective responsibilities with regard to specialist training. This was termed *The Accord*.

Website at: www.gdc-uk.org

### The Committee on Vocational Training

The Committee on Vocational Training for England and Wales (CVT) manages the process of vocational training (VT) in general dental practice and the community dental service. Approved training in primary care within the England and Wales is in vocational training schemes approved by the CVT.

Website at: www.eastman.ucl.ac.uk/cvt

### The Dental Faculties of The Surgical Royal Colleges

The Faculties of Dental Surgery of the Surgical Royal Colleges of England and Edinburgh, the Dental Faculty of the Royal College of Physicians and Surgeons of Glasgow and the Faculty of Dentistry of the Royal College of Surgeons in Ireland set standards for training and education. The Faculties also set curricula, conduct examinations and award diplomas including the MFDS, Specialty Memberships and Intercollegiate Specialty Fellowships. There is a rigorous inspection process for training posts in hospitals, the community dental service and dental public health for GPT under the MFDS regulations. This aims to ensure that appropriate education and clinical experience is provided for trainees.

The Faculties also develop guidelines for good practice in collaboration with the specialty associations in dentistry and play a leading role in discussions about dentistry within the wider arena of healthcare.

Within England, Wales and Northern Ireland, the Faculty of Dental Surgery of the Royal College of Surgeons of England manages these functions. In Scotland this is the responsibility of the Edinburgh and Glasgow Faculties although there is reciprocal recognition of training posts under the MFDS regulations.

Further information and contacts can be found on the website: www.rcseng.ac.uk/fds



### Faculty of General Dental Practitioners (UK)

The Faculty of General Dental Practitioners (UK) at the Royal College of Surgeons of England sets and monitors standards in general dental practice. The Faculty conducts examinations to support career pathways in general dental practice and continuing professional development for the generalist. It also publishes guidance on good practice for the general dental practitioner.

Further information and contacts can be found on the website: www.rcseng.ac.uk/fgdp

### Postgraduate Dental Deans and Directors of Education

The Postgraduate Dental Deans are responsible for the management and delivery of education and training at a local level. The Deans develop policies and strategies for the educational development and management of high quality dental postgraduate education and training. Training and education are fundamental to the provision of high quality healthcare.

The Regional Adviser in General Dental Practice is a member of the Postgraduate Dental Dean's office and is responsible for the VT training process in each deanery.

Training in the hospital or community service is supported educationally by the Hospital or Community Dental Tutor who is appointed by the Postgraduate Dental Dean. The Faculty Tutors in England and Wales are appointed by the Royal College of Surgeons of England in conjunction with the Postgraduate Dental Deans. The Hospital Tutor, designated by the Postgraduate Dental Dean, and the Faculty Tutor may be the same person. The Deans organise regular appraisal and assessment of trainees to take place through their tutors. They also support the management and payment of study leave.



### COMPONENTS OF GENERAL PROFESSIONAL TRAINING

### Flexibility in Training

The young graduate is advised to gain wide an experience as possible in the early years after qualification. For those intending to take the MFDS examination, there should be a balance between approved experience in primary care and training in approved posts in the hospital or community services. For those going on to pursue specialist careers, it is a requirement that they spend a minimum of two years in a variety of relevant posts gaining broad based clinical experience and training in several disciplines of dentistry. However, the key to GPT remains flexibility.

### General Dental Practice

The first year of the general professional training period is usually but not always, one year's vocational training, which is an integral part of all formal GPT schemes. An initial VT year in general dental practice will give experience in the primary care setting.

### Eligibility for Vocational Training

In order for a dentist to be eligible to undertake VT, he or she must have a qualification that can be **fully registered** with the General Dental Council. Eligibility does not guarantee entry onto a VT scheme, as the number of places on each scheme is limited and subject to open competition by eligible dentists. Employment of a Vocational Dental Practitioner (VDP) i.e. trainee, by a trainer is by mutual agreement and subject to a written contract (3).

### UK and EEA Dentists

Dentists who are UK nationals or nationals of EEA member states who qualify from a dental school in the UK or a dental school outside the EEA **must** either complete VT or show that they have acquired experience or training equivalent to VT before their names may be included on an Health Authority (HA) Dental List. This is necessary in order to enable them to practise as a principal in the General Dental Services, i.e. work unsupervised in National Health Service general practice. However, they may work as an assistant without having done VT and without their name being included on a HA Dental List.

UK or EEA nationals, or spouses of EEA nationals, who are employed or self-employed in the UK, who qualify from a dental school in the EEA (other than the UK or Austria) are exempt from the requirement to complete VT. However, they are eligible to undertake VT provided that a training place is available and they have a fully registrable qualification.

### Non-EEA Dentists

Dentists who qualify at dental schools outside the EEA are subject to the same conditions as graduates of the UK dental schools. In other words, before their names can be included on an HA list they must show that they:

- are fully registered with the General Dental Council
- and have completed VT
- or have acquired experience or training equivalent to VT
- or are exempt from the requirement to complete VT



Dentists with an overseas primary dental qualification who wish to have their names included in an NHS dental list should contact the Committee on Vocational Training, (CVT) (3). For full information, visit the CVT website.

Website: www.eastman.ucl.ac.uk/cvt

### Hospital Dental Service

The second year of GPT is usually spent as a Senior House Officer (SHO) in a dental teaching hospital or a district general hospital. However, some graduates elect to take up one of the limited number of House Officer posts initially upon graduation. Hospital posts may be part of a formal, integrated two year programme (sometimes referred to as "formal" GPT) or undertaken in an informal self-constructed basis. This gives an opportunity for graduates to explore the possibilities of all areas of the profession with a wide variety of options. Essentially all graduates should be exposed to many aspects of primary and secondary care before making a career decision within dentistry. Flexibility must be an important part of any GPT programme and there should be many choices for trainees rather than a standard package. A working group under the chairmanship of the Chief Medical Officer is likely to recommend changes in SHO training generally and how attaining clinical experience in the grade may evolve.

### Community Dental Service

There is an increasing number of training posts approved for MFDS in the Community Dental Service. The nature of the experience within the community service is changing, with some posts concentrating on paediatric dental care and others on dental care of the elderly or the management of patients with special needs.



### OPPORTUNITIES FOR GENERAL PROFESSIONAL TRAINING

There are a number of ways of organising GPT. Specific information should be sought from the Postgraduate Dental Dean or Tutor as to the local options available.

The programme generally takes the form of a two year integrated scheme ("formal" GPT), or may be undertaken on a self-constructed basis through training in primary care as a Vocational Dental Practitioner (VDP) and secondary care as an SHO, or in a community dental post recognised for the MFDS. In England and Wales, around 80% of GPT is undertaken in a self-constructed basis and trainees believe that this is as good as "formal" GPT.

At this early stage there is the possibility of gaining experience in areas which may be of interest for future specialisation such as posts in Oral and Maxillofacial Surgery, Restorative Dentistry, Orthodontics or Paediatric Dentistry. If specialisation is the aim, then an appropriate balance of experience will be necessary and further advice can be gained from the Regional Advisors within the various specialties who are appointed by the Royal College of Surgeons. (Appendix 2)

A list of approved training posts is currently available from the Faculty of Dental Surgery and is also available on the Royal College of Surgeons of England website. Posts are advertised in the professional press and applications must be made to employing authorities.

Details of formal GPT schemes may be sought from Postgraduate Deans. (Appendix 3)

### Contacts

- VT information: www.eastman.ucl.ac.uk/cvt
- Approved training posts: www.rcseng.ac.uk/fds

### Key Points

- A range of GPT programmes is available. It may take the form of a two year integrated scheme, but most dentists currently undertake GPT on a self-constructed basis through one year as a VDP and one year as SHO.
- GPT is flexible, allowing the trainees to choose the components most appropriate for their personal development and career aspirations.
- GPT is voluntary.
- The postgraduate qualification marking the completion of GPT remains voluntary. However, for those wishing to enter specialist training, completion of two years GPT and holding the MFDS diploma are mandatory.
- It has been agreed that the Part A MFDS examination has reciprocity with the Part 1 MFGDP taken after September 1998.
- National standards within GPT in England and Wales are determined by the Committee on Vocational Training (VT) and the Faculty of Dental Surgery of the Royal College of Surgeons of England (approved posts under the MFDS regulations).
- The Postgraduate Dental Deans are responsible for the management and delivery of postgraduate dental education, including VT, SHO and GPT.
- A broad based liaison committee brings together the various interests involved in GPT.



### What Do Trainees Think About GPT?

A survey undertaken by the University of Birmingham, in collaboration with the Faculty of Dental Surgery, provided helpful insight into the attitudes of individuals who are undertaking, or who have undertaken, the distance learning course of the Faculty to prepare for the MFDS examination as part of general professional training. In analysing the responses of 342 trainees several key points emerged:

- 1. Trainees supported a two year period of GPT, which should be on a voluntary rather than compulsory basis.
- 2. Personally tailored GPT was considered just as good as a formal programme and more sensitive to the needs and interests of individual trainees.
- 3. Motives for undertaking GPT included:
  - Gaining a wide range of experience
  - Personal development
  - Increasing knowledge or skills
  - To gain eligibility to enter specialist training
  - To inform career choice
  - To keep options open
- 4. A postgraduate qualification to mark the completion of GPT was favoured.
- 5. GPT was generally perceived to improve job prospects.

A full copy of the report *General Professional Training in Dentistry - A survey of participants in the MFDS course of the Faculty of Dental Surgery, The Royal College of Surgeons of England,* January 2001, may be obtained from:

The Research Office School of Education The University of Birmingham Birmingham B15 2TT Telephone: 0121 414 4402



### GENERAL PROFESSIONAL TRAINING AND THE MFDS

The GDC has agreed that the entry requirements to SAC approved specialist training programmes will be the Diploma of Member of the Faculty of Dental Surgery (MFDS). MFD or FDS are also acceptable. A new graduate who is contemplating a career as a specialist should therefore be familiar with the regulations of the MFDS examination to inform career choice and to keep options open (5). However, many graduates choose to take the MFDS examination but decide not to become a specialist, choosing to follow a career pathway in general dental practice.

Parts A and B of the examination are intercollegiate and Part C is collegiate and specific to the College of the candidate's choice. Regulations are available from the examinations departments of the Surgical Royal Colleges of England, Glasgow, Edinburgh and in Ireland. It should be noted that the Diploma from the Irish College is Member of the Faculty of Dentistry (MFD) which is equivalent to the MFDS. Part A and part B of the examination are identical for all Colleges and run simultanously.

The educational element of structured training should follow the curriculum of the MFDS examination as detailed in the MFDS regulations. The minimum 1 year of clinical training and experience must be in approved training posts as defined in the MFDS regulations. Within England, Wales and Northern Ireland it is the responsibility of the Hospital Recognition Committee of the Faculty of Dental Surgery of the Royal College of Surgeons of England to inspect hospital and community posts, but there is a reciprocal arrangement for recognition with the other Dental Faculties in Scotland and Ireland.

A list of approved training posts is currently available from the Faculty of Dental Surgery, and is also available on the Royal College of Surgeons of England website.

Website: www.rcseng.ac.uk/fds

To support their clinical training and experience, trainees are strongly recommended to make use of the *Training, Appraisal and Assessment Manual* first published by COPDenD in 1998, which is available through Postgraduate Dental Deans.

A dentist who is intending to take the MFDS should consider enrolling on the distance learning course available from the Faculty of Dental Surgery of the Royal College of Surgeons of England. This provides detailed workbooks including self-assessment exercises and study days in the College, and has been specifically designed to enable individuals to study for the MFDS examination while continuing their clinical training. (Appendix 4)

To support the new graduate further in working towards the MFDS, the Faculty has appointed Faculty Tutors in each Deanery to provide accessible advice at the local level. (Appendix 2)

The MFDS regulations have been designed to allow new graduates choice of the areas in which they may wish to work. These reflect the recommendations of the Faculty of Dental Surgery of the Royal College of Surgeons of England in the *Report of the General Professional Working Party* in 1995, (6) and in– *The First Two Years* – *General Professional Training* published by the GDC in 1998 (1).

## Faculty of Dental Surgery

### Eligibility for MFDS

To be eligible for the award of the diploma all candidates must:

 possess a primary dental qualification that is acceptable to the Councils of the Surgical Royal Colleges of the UK and Ireland.



- have completed satisfactorily 24 months whole time equivalent, postgraduate experience in dentistry of which at least 12 months must have been gained in clinical posts in hospital or community practice or dental public health which have been approved for training by the Dental Faculties of the Surgical Royal Colleges of the UK and Ireland. Experience in more than one discipline will be required which should be no less than three months whole time equivalent in each discipline. Normally equivalent part-time training will be acceptable if gained within a period of four years.
- have passed all sections of the MFDS/MFD Diploma examination.
- have complied with all the regulations.

### Mandatory Requirements

### Part A (Intercollegiate)

To be eligible to sit part A of the examination:

Candidates are required to provide evidence of completion of a minimum of 12 months satisfactory experience in any field of dentistry obtained after gaining their primary dental qualification.

### Part B (Intercollegiate)

To be eligible to sit Part B of the examination candidates must:

- have passed part A.
- provide evidence of completion of at least 20 months satisfactory experience, of which 8
  months must have been spent in posts in hospital, community practice or dental public
  health, which have been approved for training by the Surgical Royal Colleges of the UK and
  Ireland.

### Part C (Collegiate)

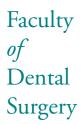
To be eligible to sit Part C of the examination candidates must:

- have passed Parts A and B.
- provide evidence of at least 20 months training, 8 months of which must have been spent in
  posts in hospital, community practice or dental public health which have been approved for
  training by the Surgical Royal Colleges of the UK and Ireland.
- Normally hold a current certificate of successful hepatitis B immunisation from a UK or Irish source, if the examination is being held in the UK or Ireland.

It has been agreed that the MFDS Part A has reciprocity with the MFGDP Part 1 taken after September 1998. This provides maximum flexibility for the graduate who may be unsure in the first years after qualification whether to follow a career in specialist practice or general practice.

Exemption from MFDS Parts A and B has been agreed for holders of MRCS.

Further exemptions have been agreed for experienced practitioners of at last 10 years standing or part time equivalent, who hold the MGDS, MCCD or MFGDP diplomas and can demonstrate agreed requirements for continuing professional development.





### Sitting of the MFDS Examination

All parts of the MFDS examination are held twice a year in April and September.

Contact can be made through the Royal College of Surgeons of England's website. Website: www.rcseng.ac.uk/exams

### **MFGDP**

Graduates committed to a career in general dental practice may consider the option of taking the examination for the diploma of Membership of the Faculty of General Dental Practitioners (MFGDP). This does not require the completion of broad based training in approved posts in hospital, the community or dental public health. It should be noted that the MFGDP diploma does not satisfy the entry requirements to recognised specialist training programmes.

Contact can be made through the Royal College of Surgeons of England's website. Website: www.rcseng.ac.uk/fgdp



### CAREER OPPORTUNITIES AFTER GENERAL PROFESSIONAL TRAINING

### Dental Specialties

### Specialist Training

For those who wish to consider specialist training there is now a much more clearly defined structure. The trainee must satisfy a number of requirements in accordance with *A Guide to Specialist Registrar Training*, February 1998 – the so-called *Orange Book* (7). More detailed arrangements for dentistry are described in *A Manual of Specialist Training in Dentistry in the United Kingdom and Ireland*, published by the Joint Committee for Specialist Training in Dentistry (8). An overview of specialisation in dentistry is also provided in *Specialisation in Dentistry - a Practical Guide* published by The Faculty of Dental Surgery, The Royal College of Surgeons of England (9). This is also available on the College website. A list of recognised training programmes in each speciality is available from the relevant Specialist Advisory Committee (SAC). Details of individual programmes may be obtained from Training Programme Directors at the Dental Schools or training institutions.

Website: www.rcseng.ac.uk/fds

### Hospital Dental Service

Specialists may work as consultants, associate specialists or in staff grade posts. There are differing training requirements and responsibilities depending upon both the post and the speciality involved. Advice on the opportunities can be gained by contacting the appropriate Regional Speciality Adviser or the Postgraduate Dental Dean. (Appendices 2 and 3)

### Academic Dentistry

The possibilities for academic trainees in any of the dental specialties should be checked by contacting the appropriate Specialist Advisory Committee. An academic trainee will normally undergo an SAC approved clinical programme and will also embark on research leading to a higher degree. This will then give the possibility of becoming a Lecturer, Senior Lecturer or Professor.

### Community Dental Service

There are a variety of employment opportunities within the community service for specialists, including the appointment of consultants. Many community dental services employ specialist orthodontists.

### Specialist Practice

Since the introduction of specialist lists by the GDC in 1998, there has been an opportunity to work in specialist practice. Specialist practices are particularly found in the restorative monospecialties of endodontics, periodontics and prosthodontics, surgical dentistry and orthodontics.



### General Dental Practice

Career pathways in general dental practice have been developed by the Faculty of General Practitioners (UK). Diplomas relating to general dental practice include the Membership of the Faculty of General Dental Practitioners MFGDP(UK), the Membership in General Dental Practice MGDS and the Fellowship of the Faculty of General Dental Practitioners FFGDP(UK).

Further information may be sought from the Faculty of General Dental Practitioners (UK) Website: www.rcseng.ac.uk/fgdp

Generalists may work within the General Dental Services, as salaried practitioners within the National Health Service, large organisations, dental bodies corporate or in private practice. There are also dental surgeons contracted to a health authority under the Personal Dental Services (PDS) arrangements, which are specific and in areas of local need.

### Community Dental Service

Dental surgeons working in the Community Dental Service are salaried and treat a wide range of patients depending on local dental needs. The service still provides screening for school children and also provides treatment for children with special needs and the elderly with medical or mobility problems. The service has a career pathway, which has been enhanced by the creation of Faculty approved training posts in the period of GPT.

### Defence Dental Agency

Opportunities exist for dentists to work within the Defence Dental Agency (DDA). Its role is to provide dental care to the 220,000 members of the Armed Forces and to entitled support staff and families overseas. The DDA runs its own fully accredited VDP scheme and the majority of its trainers have MGDS or equivalent. There is an emphasis on continuing professional development and by the mid-career point after 16 years, 63% of DDA dentists hold a higher postgraduate qualification.

Further details may be obtained from the following:

RN:

Telephone: 023 927 27807

E-mail: MedAppointers@dial.pipex.com

RADC:

Telephone: 01252 340321

E-mail: amdso1dental@hotmail.com

RAF:

Telephone: 01993 897275

E-mail: sdento@brizenorton.raf.mod.uk



### TRAINING OPPORTUNITIES FOR OVERSEAS TRAINEES

### General Experience

General experience in dentistry obtained overseas will count towards one year of the requirements for entry to Part A MFDS.

### Opportunities for Training in Approved Hospital Posts

Approved training under the MFDS regulations is available in three ways:

### • SHO Posts in UK

NHS paid posts recognised under the MFDS Regulations may be applied for in open competition. Application should be made to individual trusts. Posts are advertised in the professional press. A working group, chaired by the Chief Medical Officer is likely to recommend adjustments to improve training and the gaining of experience for all SHOs.

### Overseas Posts

There are an increasing number of posts overseas which have been approved by the Surgical Royal Colleges under the MFDS Regulations. Application should be made to individual units. Training which has not been approved by the Faculty will not count towards the requirements under the MFDS regulations.

### Dental Attachments

These are unpaid posts that are approved under the MFDS Regulations. The aim of Dental Attachments is to provide initial opportunities for overseas trainees to gain experience in dentistry in the UK within the context of general professional training. Full details of the availability of such posts may be obtained through the National Advice Centre for Postgraduate Dental Education (Appendix 3). Details of the requirements for such posts are fully explained in *Dental Attachments and Dental Observerships for Overseas Dentists* published by the Faculty of Dental Surgery in 2001 (11). Dental Attachments must be seen as providing the experience required to provide overseas dentists with the opportunity to obtain a subsequent funded post. However, such arrangements do not provide any guarantee for subsequent appointments, which must be applied for in open competition.

# Faculty of Dental Surgery



### Dental Observerships

Dental Observerships are available to any postgraduate dental student and should be arranged through the National Advice Centre for Postgraduate Dental Education. They are not recognised under the MFDS Regulations and will not count towards the requirements of Part B and C of the MFDS examination. Dental Observers are restricted to observing only and must not participate in patient care, even under direct supervision.

### Specialist Training

Opportunities for Specialist Training for EEA and Overseas Trainees are clearly described in *Training in the United Kingdom for Graduates for the European Economic Area (EEA) and from Overseas (Non-EEA) in the Dental Specialties,* published by the Dental Faculties in December 1999, (12). Specialist Training must conform to the protocols described in *A Guide to Specialist Registrar Training,* (7).

Trainees are recommended to seek clarification of the status of postgraduate training at an early stage. It must be understood that not all postgraduate courses are recognised for specialist training. It is also important to bear in mind that a trainee who is not enrolled with the relevant Specialist Advisory Committee and issued with a Training Number by the Postgraduate Dental Dean will not be eligible for the award of a Certificate of Completion of Specialist Training (CCST) and will not be eligible to take the specialty Membership.

There are notes provided for overseas trainees (10), and there is an opportunity to discuss training opportunities with a special overseas adviser at the Royal College of Surgeons of England, the Kelsey Fry Adviser, Dr Ian Waite who can be contacted by email: <a href="mailto:iwaite@rcseng.ac.uk">iwaite@rcseng.ac.uk</a>

Dr Waite is also director of the National Advice Centre for Postgraduate Dental Education, (NACPDE). Telephone: (direct line) 020 7869 6804.



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- Dental Attachments & Dental Observerships for Overseas Dentists, Faculty of Dental Surgery, The Royal College of Surgeons of England, 2001.
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### **APPENDIX 1**

### The GDC's Lifelong Learning - Re-certification for the Dental Profession

The preparatory re-certification scheme was introduced in October 2000. Subject to the appropriate legislative changes, the statutory scheme will be phased in over three years, beginning with dentists first registered after 1990 on 1st January 2002. Dentists first registered between 1st January 1980 and 31st December 1989 will join on 1st January 2003 and dentists first registered before 31st December 1979 on 1st January 2004. Newly registered dentists will join on the 1st January after the date of their registration.

Continuing Professional Development (CPD) should have a clear educational basis and should update dentists' knowledge of contemporary standards of practice. Not all activities need to be directly related to treatment as patients benefit from a variety of non-clinical CPD activities undertaken by their dentists.

For re-certification, dentists will be required to complete, at least, 250 hours of CPD over five years. A minimum of 75 of these hours must consist of verifiable CPD and the remainder can be made up of general CPD. Dentists are advised to, where possible, spread their CPD evenly over the five years by undertaking 50 hours per year with an average of 15 hours of verifiable CPD each year.

CPD is classed as verifiable if some form of external documentary verification of attendance or participation can be provided and the activity can be shown to satisfy the following educational criteria:

- Concise educational aims and objectives
- Clear anticipated outcomes
- Quality control through feedback

Specific examples include courses organised by professional bodies, such as the Postgraduate Dean, the Faculties of Dental Surgery, the Faculty of General Dental Practitioners, the educational components of meetings and conferences of specialist associations, and interactive distance learning with verifiable outcomes.



### The Faculty of Dental Surgery, The Royal College of Surgeons of England

### Mission Statement

To set and advance the highest standards of oral health for patients and to promote professional excellence in all aspects of dentistry.

### **Objectives**

- To set educational standards and provide educational support for all dental specialists, specialists in training and GPT trainees. Also for others holding a diploma of the Faculty as well as being the natural home to support life-long learning and continuing professional development.
- To enable specialists to demonstrate, on a regular basis, that they are keeping up to date and fit to practice in their chosen field.
- To continue to play a leading role in discussions about dentistry and the dental specialties and to properly represent and promote the dental profession at the highest level within the wider context of health care.
- To provide a forum to promote good practice and clinical effectiveness in dentistry.

### How Does the Faculty Fulfil its Role?

- Setting curricula for examinations.
- Conducting examinations for both undergraduates and postgraduates.
- Awarding diplomas for GPT and the whole range of dental specialties.
- Inspecting and approving training posts in hospitals, the community service and dental public health for GPT.
- Contributing to the approval of programmes for specialist training as a constituent member
  of the Joint Committee for Specialist Training in Dentistry (JCSTD), and individual Specialist
  Advisory Committees (SACs).
- Playing a wider role in promoting standards of practice by liaising with other bodies involved with health care at the highest level.
- Advising on manpower planning.
- Providing Faculty representatives for Advisory Appointments Committees for specialist trainees, associate specialists, staff grades and consultants.
- Providing programmes for postgraduate education, continuing professional education (CPE) and continuing professional development (CPD).
- Registering CPE/CPD for specialists.
- Promoting clinical audit/effectiveness and research.
- Preparing and disseminating clinical guidelines for good practice.





### Constitution

The Faculty of Dental Surgery is a constituent part of The Royal College of Surgeons of England with three elected members on the Council of the College in accordance with the College Charter. The College was founded in 1800 with its roots extending back to the 12<sup>th</sup> century. The Dental Faculty was founded in 1947.

### Membership

The Faculty is composed of some 2700 Fellows and members.

### The Board of Faculty

The Faculty is governed by the Board of Faculty which is composed of 22 Board Members who are elected by the membership and who provide a broad base of experience from across the profession and the dentally based specialities. There are also invited members from dental public health, the Faculty of General Dental Practitioners (UK) and a representative of the trainees.

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### College Examinations Office

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E-mail: exams@rcseng.ac.uk Website: www.rcseng.ac.uk/exams

### National Advice Centre for Postgraduate Dental Education

Postgraduate Advisor: Dr IM Waite Administrator: Miss Suky Overda

Faculty of Dental Surgery Royal College of Surgeons of England 35-43 Lincoln's Inn Fields London WC2A 3PE

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E-mail: nacpde@rcseng.ac.uk Website: www.nacpde.org.uk

### Committee for Vocational Training for England and Wales

Website: www.eastman.ucl.ac.uk/cvt

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### MFDS Distance Learning Course

The Diploma of Member of the Faculty of Dental Surgery (MFDS) is a qualification which is designed for those undergoing general professional training who wish to qualify for entry to specialist training.

If you wish to obtain the MFDS qualification there will be new clinical challenges to meet as well as new practical skills to acquire through on-the-job experience. At the same time you will need a clear understanding of the extent of the MFDS syllabus. You will also need to know in what depth to study the constituent subjects. Most of all you will need to pace your study evenly throughout the twenty month training period.

To help those preparing for the MFDS examination the Faculty of Dental Surgery of the Royal College of Surgeons of England has produced a comprehensive 20-month distance learning course. The materials have been developed by a team of authors led by the Robert Bradlaw Adviser to the Faculty of Dental Surgery. All those involved are experienced teachers and many are examiners who have worked in conjunction with distance learning experts.

The MFDS Distance Learning Course begins each September and is designed to prepare trainees to sit Part A of the MFDS examination the next September and Parts B and C of the examination in April / May of the following year. However, the trainee may choose to take any part of the MFDS examinations at any of the two sittings per year.

### Key Advantages of the MFDS Distance Learning Course

- "On the job" relevance you follow a *structured programme* of learning alongside your practical training without interrupting your training.
- The course is *portable* you can study it whenever and wherever you wish.
- You can do the work at times to suit you. Average study time is 12-15 hours per week, but there will be some individual variation. Study leave need not be taken for this course.
- You have a workbook which is like a personal tutor, available to guide your learning, explain what is relevant and what can be left until later. We help you to obtain all your textbooks, we provide additional reading material that you need and we provide an advice phone line to the College to give administrative and pastoral support. In addition you will be put in contact with a Faculty Tutor who can give you help, advice and answer any academically-related questions.
- The course is *flexible* you can take it over the recommended 20-month period, or you may increase or decrease this period as you wish.
- You will be entitled to attend two Study Days which will be held at the Royal College of Surgeons of England at no additional cost.



### Structure and Content

The MFDS distance learning course is divided into ten modules which match to sections of the MFDS syllabus. (Note: Module 3 covers both sections 3 and 4 of the syllabus)

- Modules 1-5 are examined in Part A of the MFDS examination.
- Modules 6-10 are examined along with Modules 1-5 in Parts B and C of the MFDS examination.

MODULE 1	Module 2	MODULE 3	Module 4	MODULE 5
Craniofacial development and growth	Oral biology, oral pathology and microbiology	Essential Medicine for the MFDS	Radiology, radiation hazards and imaging	Medical ethics and medico-legal aspects of dentistry
Monus	M			
Module 6	Module 7	Module 8	Module 9	Module 10

### The Materials

The MFDS distance learning course materials consist of:

- Workbooks which cover the material for each Module. These are the equivalent of your personal tutor, are easy to carry with you and provides advice on each topic. They will direct you to textbooks or other readings. They also contain questions to test your knowledge, spaces for you to write in, and a detailed feedback section.
- Readers which contain articles and extracts from texts to supplement your core textbooks.
  These may be either carefully chosen review articles or extracts from other textbooks, or
  material written or adapted by our authors to meet the needs of the course. The aim is to
  summarise and highlight the key points of a topic, thus saving you time and keeping you in
  touch with current viewpoints.
- Computer software related to specific aspects of the course.

### **Textbooks**

The MFDS distance learning course assumes that you will have access to the core textbooks in the specified editions, as shown on the Book Order Form. The edition is important because each Module guides you to specific sections in the textbook.

NB. The course fee does not cover the cost of textbooks. However, they may be purchased from the College at a discount provided that you are enrolled on the MFDS distance learning course.



### **Study Days**

Study Days are an integral part of the course. They are designed to consolidate your learning and to enlarge upon elements of the course material. They will consist of a combination of lectures, small-group workshops and question and answer sessions.

### Getting Started on the MFDS Distance Learning Course

### What is the course fee?

The fee for the course is £1000 if payment is made in full by cheque or credit/debit card. If payment is made using the instalment option or by the employing organisation the total fee is £1050 payable in two instalments of £525. (Fee schedules correct as at April 2001).

### What do I receive in return for the course fee?

The course fee covers the cost of Workbooks, associated Readers and related computer software. It also entitles you to attend two special Study Days held at the College. Additionally, you will be given academic support by your Regional Tutor and will be able to purchase the core textbooks at a discounted price.

### Should I discuss the course with my Faculty Tutor?

A Faculty Tutor in each Region has been appointed by the Faculty of Dental Surgery to oversee your training. We recommend that you discuss your plans with your Faculty Tutor. You will be informed about any clinical teaching which has been arranged to complement the MFDS distance learning course.

### Whom do I contact at the Faculty of Dental Surgery?

If you have any queries regarding the MFDS Distance Learning Course please contact the Education Administrator in the Faculty of Dental Surgery.

Direct telephone: 020 7869 6815/13

Direct fax: 020 7869 6816 E-mail: mfds@rcseng.ac.uk

If you have any queries regarding the syllabus and regulations governing the MFDS examination please contact the Examinations Department at the College.

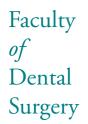
Direct telephone: 020 7869 6821 Direct fax: 020 7869 6290

E-mail: exams@rcseng.ac.uk

NB. It is the responsibility of individual trainees to confirm their eligibility to enter the MFDS examination.

### When may I enrol?

You may enrol at any time. However, the course will begin each September and to gain the full benefit of the learning programme, you should enrol at this time. The MFDS application form can be obtained from the MFDS office or downloaded from the internet: www.rcseng.ac.uk/fds





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### General Professional Training in England and Wales

A PRACTICAL GUIDE



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