



Questionnaire for women who have recently had mastectomy surgery with a breast reconstruction

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What is this survey about?

We are writing to you on behalf of the National Mastectomy and Breast Reconstruction Audit. This audit is being carried out by The Royal College of Surgeons of England and The NHS Information Centre. It aims to improve the care provided to those women diagnosed with breast cancer or DCIS (ductal carcinoma in situ).

While in hospital about three months ago, you kindly agreed to receive a questionnaire to assess your satisfaction with surgery.

We would like to find out about how satisfied you were with the information, choices and care you received. We would also like to ask you about your experiences after discharge from hospital.

According to our records you had both a mastectomy and a reconstruction of your breast, and therefore this questionnaire relates to your experiences after both types of surgery.

Your answers will help us to improve the care provided to all women who have these types of surgery, and we would very much appreciate your help in achieving this goal.

Who should complete the questionnaire?

The questions should be answered by the person named on the front of the envelope.

Completing the questionnaire

Please answer each question using a black or blue pen.

Don't worry if you make a mistake – simply cross out the mistake and mark the correct answer.

Please do not write your name or address anywhere on the questionnaire.

Please return the questionnaire in the enclosed addressed envelope. You do not have to use a stamp as the postage is already paid.

Questions or help?

If you have any questions, please call the helpline on 0207 869 6619.

Taking part in this survey is voluntary. Your answers will be treated in confidence, and will not be seen by the doctors and nurses involved in your care. We will follow the standards set out in the Data Protection Act (1998) throughout our work.

Section 1: Dates

Q1. Please confirm your date of birth (day, month, and year):

d	d	m	m	y	y	y	y
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Q2. Please confirm the date on which your recent mastectomy and breast reconstruction operation took place (day, month and year):

d	d	m	m	y	y	y	y
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Q3. Please record the date on which you completed this form (day, month, and year):

d	d	m	m	y	y	y	y
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Section 2: Satisfaction with the information you were given by the people treating you

Q4. How much information about mastectomy and breast reconstruction surgery was given to you before your operation?

- Not enough ☐
- The right amount ☐
- Too much ☐

Q5. Did you receive information about the benefits and risks of breast reconstruction in any of the following ways?

- | | Yes | No |
|---|--------------------------|--------------------------|
| a. Discussion with a surgeon | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Discussion with a breast care nurse | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Written information (e.g. an information leaflet) | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Pictures of what your breast area might look like after reconstruction | <input type="checkbox"/> | <input type="checkbox"/> |

Q6. How satisfied or dissatisfied were you with the information you received about:

	Very dissatisfied	Somewhat dissatisfied	Somewhat satisfied	Very satisfied
a. How the mastectomy and breast reconstruction surgery was to be done?	1	2	3	4
b. Healing and recovery time?	1	2	3	4
c. Possible complications?	1	2	3	4
d. The options you were given regarding types of breast reconstruction?	1	2	3	4
e. Having a breast reconstruction at the same time as your mastectomy (immediate reconstruction) versus having it later (delayed reconstruction)?	1	2	3	4
f. How long the process of breast reconstruction would take from start to finish?	1	2	3	4
g. What size you could expect your breasts to be after reconstructive surgery?	1	2	3	4
h. How much pain to expect during recovery?	1	2	3	4
i. What you could expect your breasts to look like after surgery?	1	2	3	4
j. How long after reconstruction surgery it would take to feel like yourself / feel normal again?	1	2	3	4
k. How the surgery could affect future breast cancer screening (e.g. mammograms)?	1	2	3	4
l. Lack of sensation in your reconstructed breast and nipple?	1	2	3	4
m. What other women experience with their breast reconstruction surgery?	1	2	3	4
n. What the scars would look like?	1	2	3	4

Section 3: Choices about breast reconstruction

Q7. Before your recent mastectomy and breast reconstruction operation, were you given any choices about the type of breast reconstruction you could have?

Yes ☐

No ☐

If No please ignore question 8 and move onto question 9.

Q8. If you answered Yes to question 7, how satisfied or dissatisfied are you with the choices you were given about breast reconstruction?

Very dissatisfied ☐

Somewhat dissatisfied ☐

Somewhat satisfied ☐

Very satisfied ☐

Section 4: Managing your pain

Q9. How would you describe the pain you experienced in the first 24 hours after your mastectomy and breast reconstruction operation?

No pain at all ☐

Mild pain ☐

Moderate pain ☐

Severe pain ☐

Q10. How would you describe the pain you experienced in the first week after your mastectomy and breast reconstruction operation?

No pain at all ☐

Mild pain ☐

Moderate pain ☐

Severe pain ☐

Q11. Do you think the hospital staff did everything they could to help control your pain?

- | | |
|---------------------|--------------------------|
| Yes, definitely | <input type="checkbox"/> |
| Yes, to some extent | <input type="checkbox"/> |
| No | <input type="checkbox"/> |

Section 5: Your experiences after surgery

Q12. Since you were discharged from hospital, have you had any of the following problems?

	Yes	No
a. Bleeding that required you to have a blood transfusion or more surgery	<input type="checkbox"/>	<input type="checkbox"/>
b. A wound in your breast, armpit, back, abdomen, buttock or thigh that opened up and required you to have more surgery	<input type="checkbox"/>	<input type="checkbox"/>
c. A wound infection that required you to have antibiotics	<input type="checkbox"/>	<input type="checkbox"/>
d. Some of the breast skin that remained after your mastectomy turned dark and died	<input type="checkbox"/>	<input type="checkbox"/>
e. Pain or tenderness in your chest, arm, armpit, back, abdomen, buttock or thigh that has still not gone away	<input type="checkbox"/>	<input type="checkbox"/>
f. Numbness in your chest, arm, armpit, back, abdomen, buttock or thigh that has still not gone away	<input type="checkbox"/>	<input type="checkbox"/>
g. Fluid (seroma) collecting in your breast, armpit, back, abdomen, buttock or thigh area that required removal with a needle or drain	<input type="checkbox"/>	<input type="checkbox"/>
h. Swelling (lymphoedema) of the arm on the side that you had your surgery	<input type="checkbox"/>	<input type="checkbox"/>
i. Difficulty moving your shoulder and arm on the side that you had your surgery	<input type="checkbox"/>	<input type="checkbox"/>
j. A blood clot in your legs (deep venous thrombosis) that required your blood to be thinned (anticoagulation) with injections or tablets	<input type="checkbox"/>	<input type="checkbox"/>
k. A blood clot in your lungs (pulmonary embolus)	<input type="checkbox"/>	<input type="checkbox"/>
l. A heart attack (acute myocardial infarction)	<input type="checkbox"/>	<input type="checkbox"/>
m. Other (please specify below):	<input type="checkbox"/>	<input type="checkbox"/>

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Q13. Did you have a breast reconstruction that used an implant?

Yes ☐

No ☐

If No please ignore question 14 and move onto question 15.

Q14. If you answered Yes to question 13, did you have any problems or complications since you were discharged from hospital that meant your implant had to be removed?

Yes ☐

No ☐

Q15. Did you have a breast reconstruction that used your own tissue (a flap)?

Yes ☐

No ☐

If No please ignore question 16 and move onto question 17.

Q16. If you answered Yes to question 15, have any of the following happened since you were discharged from hospital?

	Yes	No
a. Part of your flap turned dark and died	<input type="checkbox"/>	<input type="checkbox"/>
b. All of your flap turned dark and died	<input type="checkbox"/>	<input type="checkbox"/>
c. You had an operation to remove some or all of your flap	<input type="checkbox"/>	<input type="checkbox"/>
d. A hernia (weakness or bulge) formed in the area from which your flap was taken	<input type="checkbox"/>	<input type="checkbox"/>
e. You had other problems in the area from which your flap was taken	<input type="checkbox"/>	<input type="checkbox"/>

Q17. Did you receive psychological support or counselling from a healthcare professional after your surgery?

Yes ☐

No ☐

Q18. Did you see a physiotherapist after your surgery?

Yes ☐

No ☐

Q19. Did you use a lymphoedema service after your surgery?

Yes ☐

No ☐

Q20. Since you were discharged, have you been readmitted to hospital for any unplanned further treatment or surgery related to your mastectomy and breast reconstruction?

Yes ☐

No ☐

Q21. Have you had the following treatments since your mastectomy and breast reconstruction surgery?

	Yes	No
a. Radiotherapy	<input type="checkbox"/>	<input type="checkbox"/>
b. Chemotherapy	<input type="checkbox"/>	<input type="checkbox"/>
c. Hormone drug therapy (e.g. tamoxifen)	<input type="checkbox"/>	<input type="checkbox"/>
d. Specialist palliative care	<input type="checkbox"/>	<input type="checkbox"/>
e. Other reconstructive procedure(s) (e.g. nipple reconstruction or tattooing, surgery to other breast to match size and shape)	<input type="checkbox"/>	<input type="checkbox"/>
f. Other (please specify below)	<input type="checkbox"/>	<input type="checkbox"/>

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Section 6: Satisfaction with the care you received

Q22. These questions ask about the Consultant Surgeon in charge of your mastectomy surgery.

Did you feel that he / she:

	Definitely disagree	Somewhat disagree	Somewhat agree	Definitely agree
a. Was competent?	1	2	3	4
b. Gave you confidence?	1	2	3	4
c. Involved you in the decision-making process?	1	2	3	4
d. Was reassuring?	1	2	3	4
e. Answered all your questions?	1	2	3	4
f. Made you feel comfortable?	1	2	3	4
g. Was thorough?	1	2	3	4
h. Was easy to talk to?	1	2	3	4
i. Understood what you wanted?	1	2	3	4
j. Was sensitive?	1	2	3	4
k. Made time for your concerns?	1	2	3	4
l. Was available when you had concerns?	1	2	3	4

Q23. These questions ask about the Consultant Surgeon in charge of your breast reconstruction surgery. Please ignore this question if this was the same person who was in charge of your mastectomy and move onto question 24.

Did you feel that he / she:

	Definitely disagree	Somewhat disagree	Somewhat agree	Definitely agree
a. Was competent?	1	2	3	4
b. Gave you confidence?	1	2	3	4
c. Involved you in the decision-making process?	1	2	3	4
d. Was reassuring?	1	2	3	4
e. Answered all your questions?	1	2	3	4
f. Made you feel comfortable?	1	2	3	4
g. Was thorough?	1	2	3	4
h. Was easy to talk to?	1	2	3	4
i. Understood what you wanted?	1	2	3	4
j. Was sensitive?	1	2	3	4
k. Made time for your concerns?	1	2	3	4
l. Was available when you had concerns?	1	2	3	4

Q24. These questions ask about members of the medical team other than the Consultant Surgeon(s) in charge of your surgery (i.e. nurses and other doctors who looked after you).

Did you feel that they:

	Definitely disagree	Somewhat disagree	Somewhat agree	Definitely agree
a. Were professional?	1	2	3	4
b. Treated you with respect?	1	2	3	4
c. Were knowledgeable?	1	2	3	4
d. Were friendly and kind?	1	2	3	4
e. Made you feel comfortable?	1	2	3	4
f. Were thorough?	1	2	3	4
g. Made time for your concerns?	1	2	3	4

Q25. Overall, did you feel you were treated with respect and dignity while you were in the hospital?

- | | |
|----------------|--------------------------|
| Yes, always | <input type="checkbox"/> |
| Yes, sometimes | <input type="checkbox"/> |
| No | <input type="checkbox"/> |
-

Q26. Overall, how would you rate the care you received?

- | | |
|-----------|--------------------------|
| Excellent | <input type="checkbox"/> |
| Very good | <input type="checkbox"/> |
| Good | <input type="checkbox"/> |
| Fair | <input type="checkbox"/> |
| Poor | <input type="checkbox"/> |
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Thank you for answering these questions.

Your answers will help us to improve the quality of care for all women undergoing mastectomy and breast reconstruction surgery in future.
Please return the questionnaire to the audit team in the enclosed addressed envelope. You do not need to pay any postage on this envelope.



The
Information
Centre

for health and social care