

# Q-PROM postoperative questionnaire

## BREAST-Q – Augmentation Mammoplasty

### Satisfaction with breasts

With your breasts in mind, in the past week, how dissatisfied or satisfied have you been with:

	Very dissatisfied	Somewhat dissatisfied	Somewhat satisfied	Very satisfied
a) How you look in the mirror <u>clothed</u> ?				
b) How your breast size matches the rest of your body?				
c) How natural your breasts look?				
d) How your bras fit?				
e) The size of your breasts?				
f) How much cleavage you have when you wear a bra?				
g) How your breasts feel to the touch?				
h) The firmness of your breasts?				
i) How naturally your breasts sit/hang?				
j) How evenly your implants are positioned in relation to each other?				
k) The position of your implants on your chest (too high or too low)?				
l) The shape of your breasts when you are <u>not</u> wearing a bra?				
m) How you look in the mirror <u>unclothed</u> ?				
n) How close together your breasts are when you are <u>not</u> wearing a bra?				
o) How closely matched (similar) your breasts are to each other?				

**Scoring key:** Very dissatisfied = 1, somewhat dissatisfied = 2, somewhat satisfied = 3, very satisfied = 4

These tools have been developed by The Memorial Sloan Kettering Cancer Centre (MSKCC) and the University of British Columbia (UBC) who have granted royalty-free use as part of the RCS data collection initiative. MSKCC charge for-profit researchers to use these tools.

If you are an RCS member you can access the scoring tables through your College login. Other users should contact Anne Klassen (aklass@mcmaster.ca).

To find out more about the background and development of the Q-PROM tools please go to [www.BREAST-Q.org](http://www.BREAST-Q.org) or [www.FACE-Q.org](http://www.FACE-Q.org)