# Should lifestyle choices influence clinical decisions regarding surgery?

Molly Nielsen



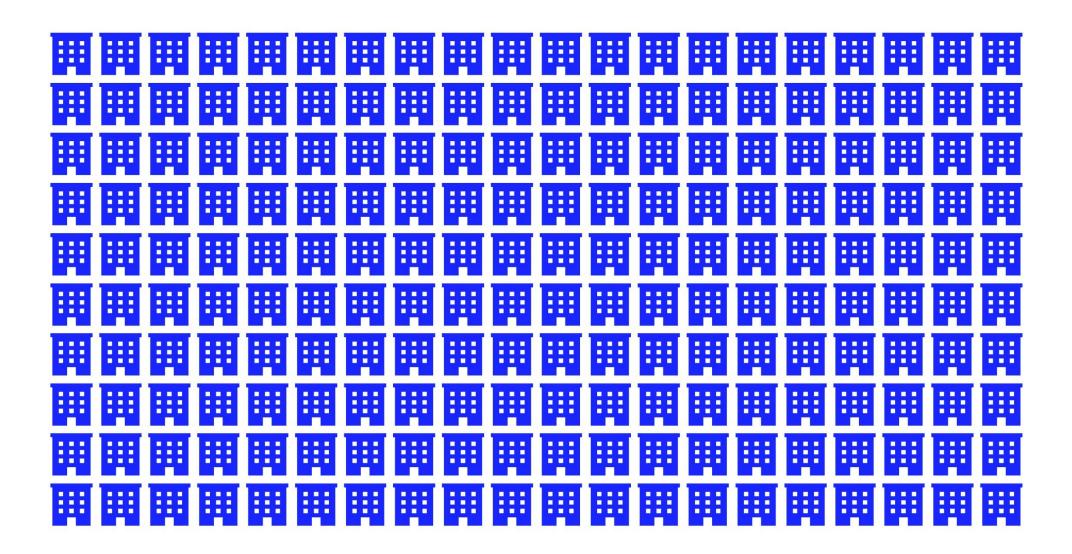


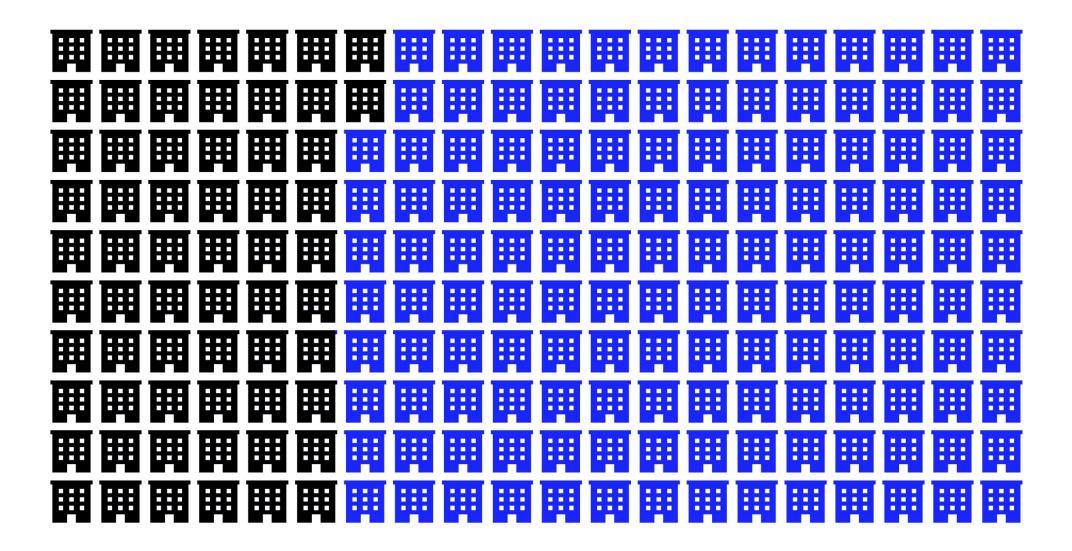


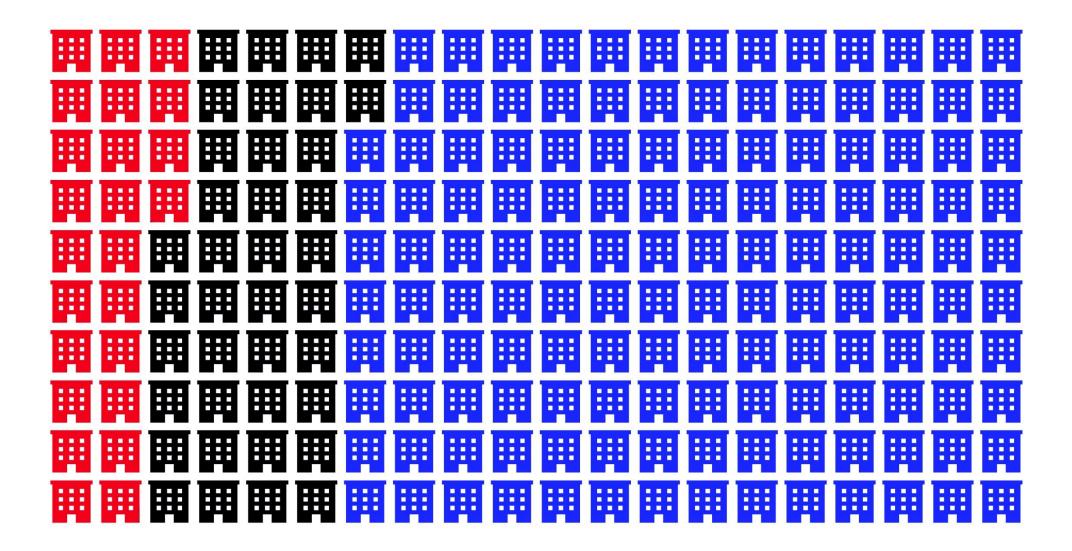


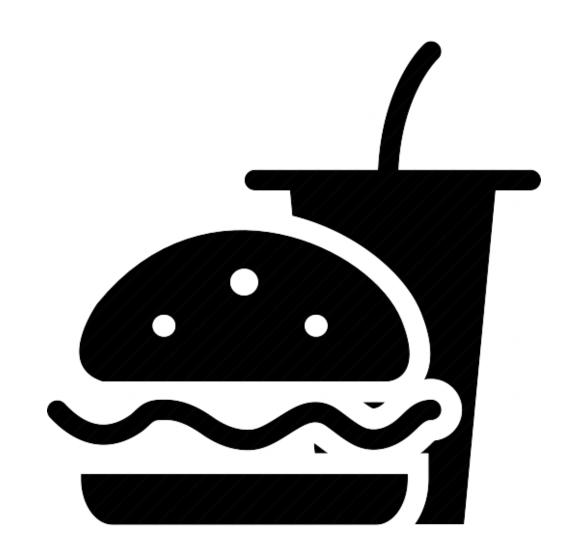
### Smokers and overweight patients:

Soft targets for NHS savings?

















## Commissioning Guide:

Pain arising from the hip in adults

"age, gender, smoking, obesity and co-morbidity should not be barriers to referral"









## Commissioning Guide:

Pain arising from the hip in adults

"Total Hip Replacement (THR) is cost effective, returning 90% of patients to their previous job...

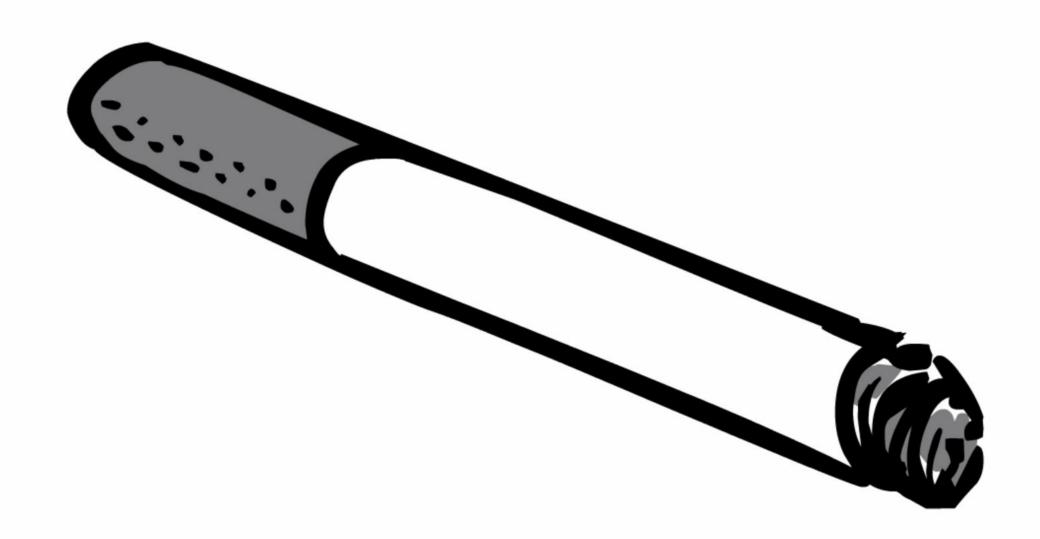
The National Tariff for THR is cheaper than long-term conservative management of osteoarthritis of the hip."

### E National Institute for Health and Care Excellence

Osteoarthritis: care and management

Clinical guideline [CG177] Published date: February 2014

"Patient-specific factors (including age, sex, smoking, obesity, and comorbidities) should not be barriers to referral for joint surgery."



## Realth and Care Excellence

### Varicose veins: diagnosis and management

Clinical guideline [CG168] Published date: July 2013

- 1.2 Referral to a vascular service
- 1.2.1 Refer people with bleeding varicose veins to a vascular service<sup>[3]</sup> immediately.
- 1.2.2 Refer people to a vascular service if they have any of the following.
  - Symptomatic<sup>[4]</sup> primary or symptomatic recurrent varicose veins.
  - Lower-limb skin changes, such as pigmentation or eczema, thought to be caused by chronic venous insufficiency.
  - Superficial vein thrombosis (characterised by the appearance of hard, painful veins) and suspected venous incompetence.
  - A venous leg ulcer (a break in the skin below the knee that has not healed within 2 weeks).
  - A healed venous leg ulcer.



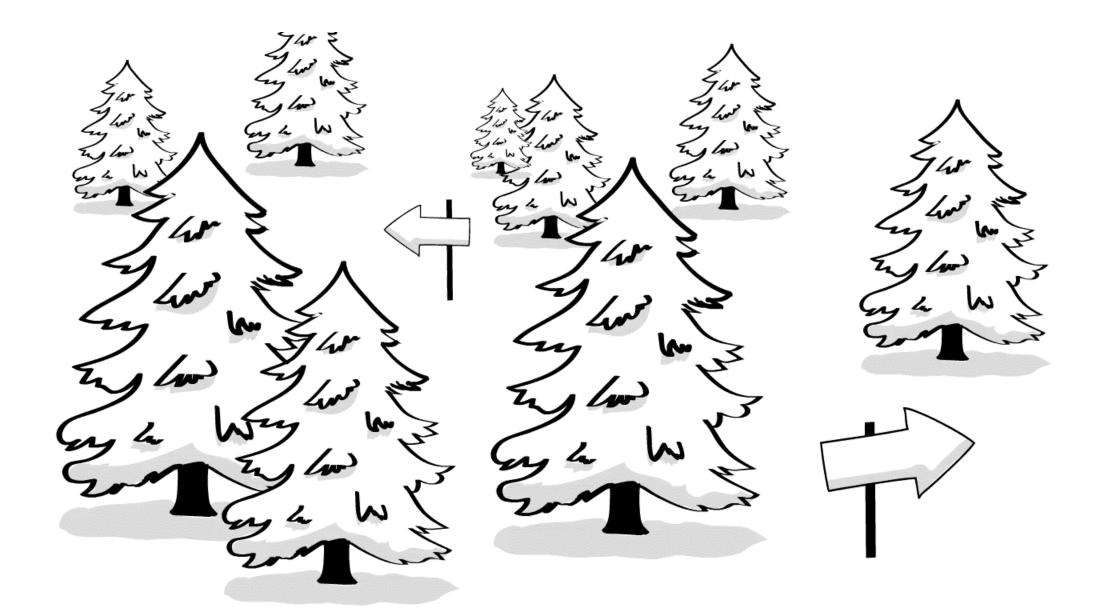


### NHSBT POLICY POL195/4

February 2015

alcoholic liver disease non-alcoholic fatty liver disease chronic viral hepatitis B, C, D autoimmune liver diseases genetic haemochromatosis Wilson's disease alpha – 1 antitrypsin deficiency congenital liver disease HCC

diuretic resistant ascites chronic hepatic encephalopathy intractable pruritus hepatopulmonary syndrome familial amyloid polyneuropathy familial cholesterolaemia polycystic liver disease sickle cell hepatopathy secondary sclerosing cholangitis



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