

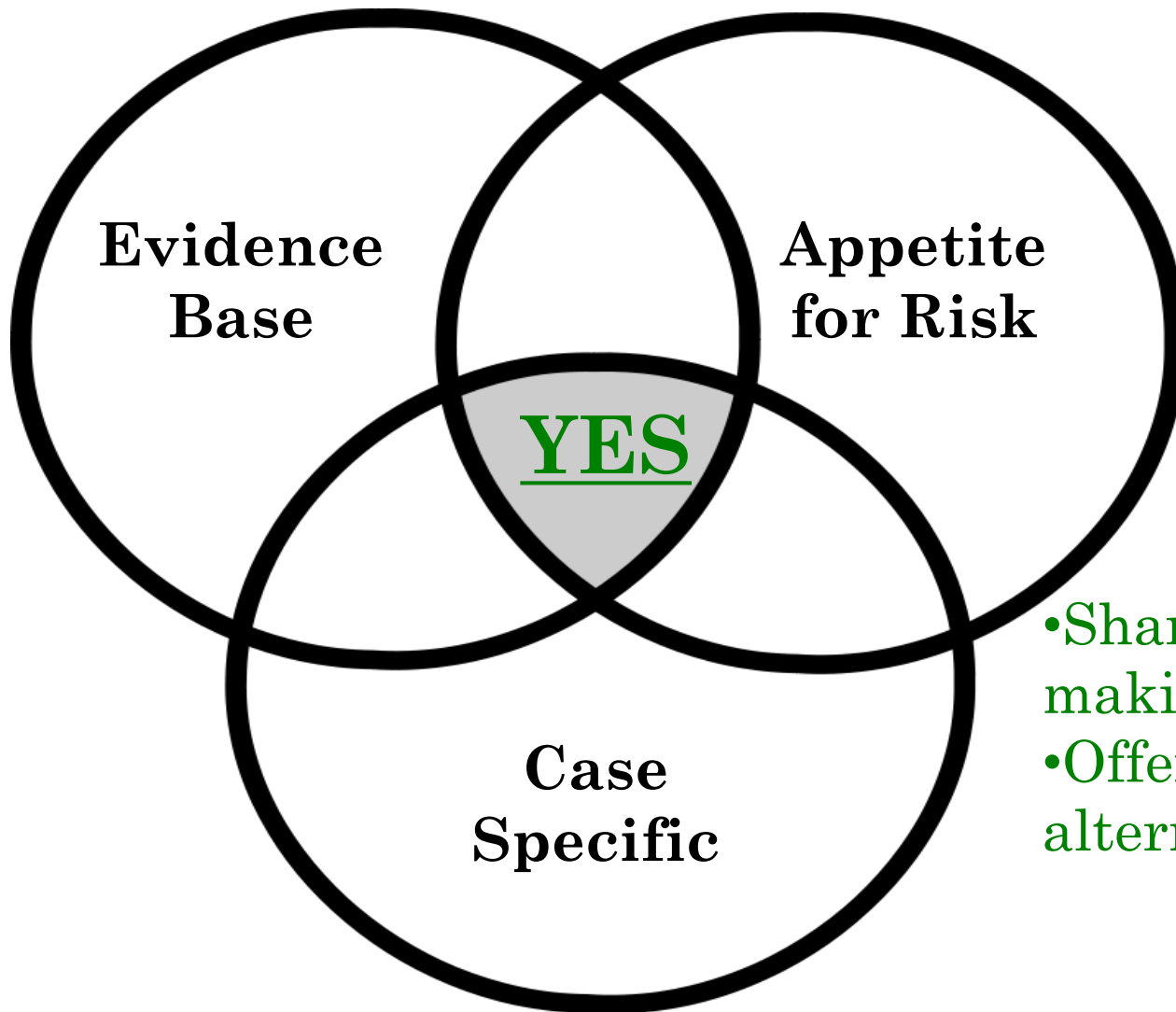
# SHOULD LIFESTYLE CHOICES INFLUENCE CLINICAL DECISIONS REGARDING SURGERY?



Owen Davis  
Keele Medical School

# WHAT DO WE MEAN BY A CLINICAL DECISION?

- Have a patient's lifestyle choices made him/her an unsafe candidate for surgery?



- Shared decision-making process.
- Offer suitable alternative.



Lifestyle › Health & Families › Health News

# Obese people and smokers 'banned from routine surgery' as NHS attempts to cut spending costs

'It's the only way providers are going to be able to balance their books... the service is bursting at the seams'

Siobhan Fenton Health Correspondent | @siobhanfenton | Saturday 3 September 2016 | 491 comments



7K  
shares



A number of NHS England trusts have reportedly introduced the restrictions *Rex*



# DO PEOPLE WHO HAVE MADE 'THE WRONG' LIFESTYLE CHOICES DESERVE SURGERY?

1. When is a lifestyle choice a choice?
2. Why do we consider some choices 'wronger' than others?



# PICTURE QUIZ No.1



# HEALTH SURVEY FOR ENGLAND, 2014 [NS]

- 31.2% of children aged 2 to 15 were classed as either overweight or obese.
- Around 25% of adults were classed as obese.



## PICTURE QUIZ No.2





## One in four Brits suffer injuries on skiing holidays

By WMNGAdams | Posted: February 10, 2016

g+ Share

Tweet

f Share

Email

0 COMMENTS > 0 SHARES



UP TO  
**SAVE 40%** ON YOUR TRIP

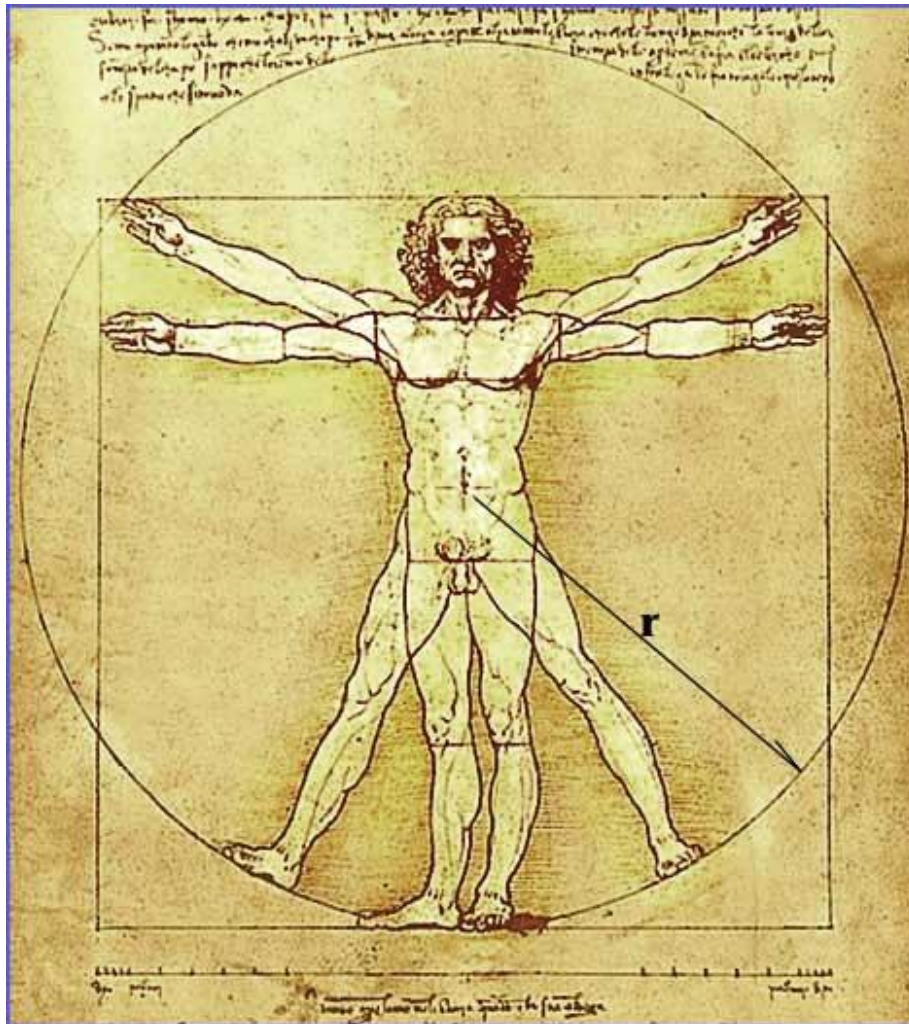
Expedia.co.uk

Subject to availability. Terms and conditions apply.





# PICTURE QUIZ No.3



# SUMMARY

- Do I think that lifestyle choices should influence our clinical decisions?
- Selecting a procedure based on minimising risks that are present as a result of a patient's lifestyle choices?
- Make judgments on which lifestyle choices are 'morally wrong'?
- Allow this to be the basis for our clinical decisions without considering the influences present throughout a patient's life?



# QUESTIONS?

*Feeling Fine*

**GOES WITH A LIGHT SMOKE**

"On top of the world." It's the grand feeling that goes with smoking Luckies... a light smoke that treats you right... that's truly kind to your throat... that delights you with the savory flavor of the highest priced center leaves of rich tobaccos. A light smoke — because only Lucky Strike gives you such fine tobaccos plus the priceless throat protection of the "Toasting" Process. Only Lucky Strike.

*a light smoke*

**OF RICH, RIPE-BODIED TOBACCO — "IT'S TOASTED"**

LUCKY STRIKE  
CIGARETTES  
"IT'S TOASTED"

JOHN E. LEE  
MINNAPACK  
1-138-0-9760

Copyright 1968, The American Tobacco Company

