SHOULD LIFESTYLE CHOICES INFLUENCE CLINICAL DECISIONS REGARDING SURGERY?

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What do we mean by a clinical decision?

- Have a patient’s lifestyle choices made him/her an unsafe candidate for surgery?

- Evidence Base
- Appetite for Risk
- Case Specific

**YES**

- Shared decision-making process.
- Offer suitable alternative.
Obese people and smokers 'banned from routine surgery' as NHS attempts to cut spending costs

'It's the only way providers are going to be able to balance their books... the service is bursting at the seams'

Siobhan Fenton Health Correspondent | @siobhanfenton | Saturday 3 September 2016 | 491 comments

A number of NHS England trusts have reportedly introduced the restrictions Rex
Do people who have made ‘the wrong’ lifestyle choices deserve surgery?

1. When is a lifestyle choice a choice?
2. Why do we consider some choices ‘wronger’ than others?
Picture Quiz No.1
31.2% of children aged 2 to 15 were classed as either overweight or obese.

Around 25% of adults were classed as obese.
Picture Quiz No.2
One in four Brits suffer injuries on skiing holidays

By WMNGAdams | Posted: February 10, 2016
Picture Quiz No.3
SUMMARY

- Do I think that lifestyle choices should influence our clinical decisions?
- Selecting a procedure based on minimising risks that are present as a result of a patient’s lifestyle choices?
- Make judgments on which lifestyle choices are ‘morally wrong’?
- Allow this to be the basis for our clinical decisions without considering the influences present throughout a patient’s life?
QUESTIONS?