

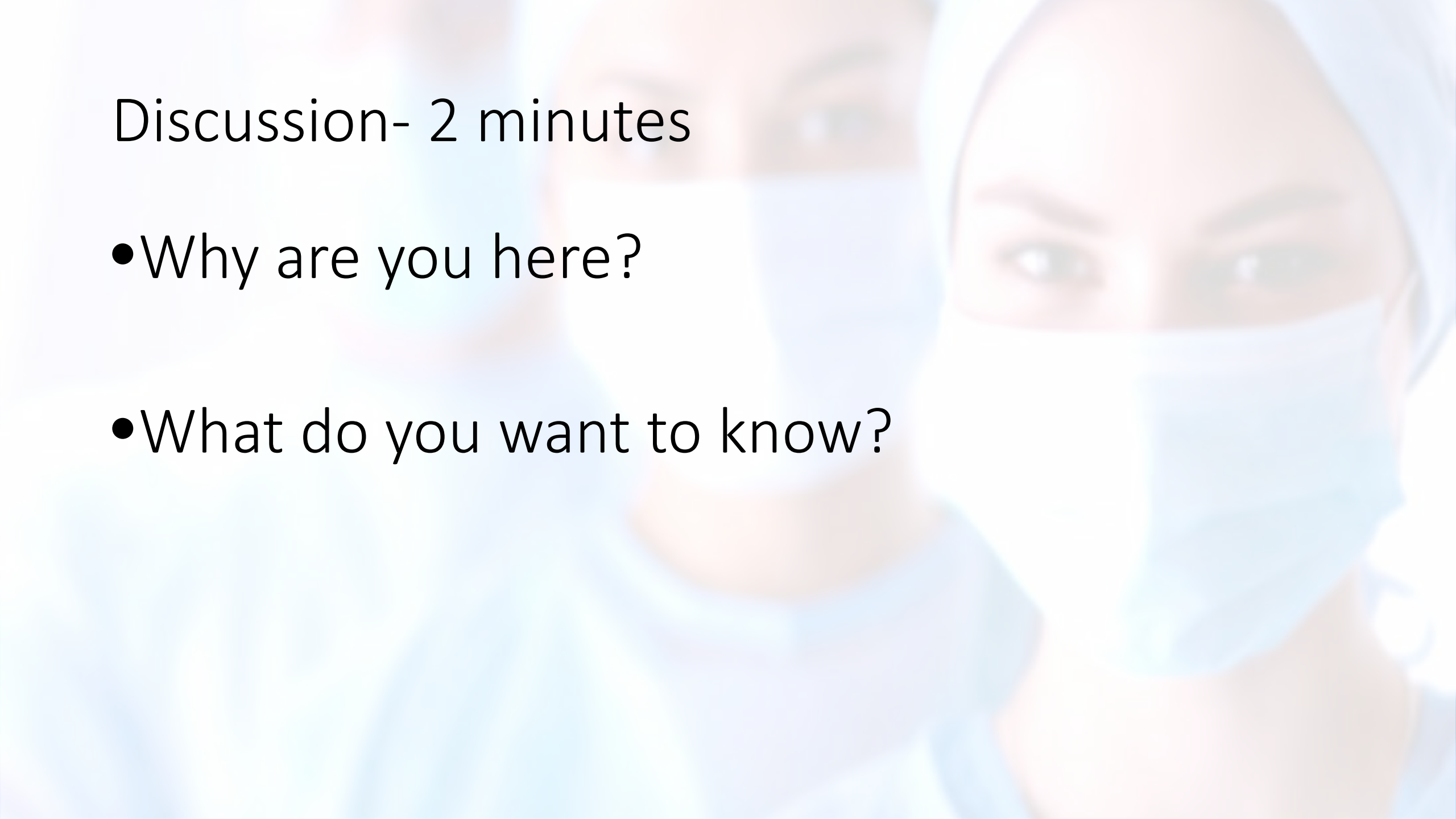
The background of the slide features a blurred image of several medical professionals, likely surgeons, wearing blue scrubs and white surgical masks. They are looking directly at the camera, creating a professional and clinical atmosphere.

Accessing A Career In Surgery

Ms Beryl De Souza
Ms Elizabeth Elsey

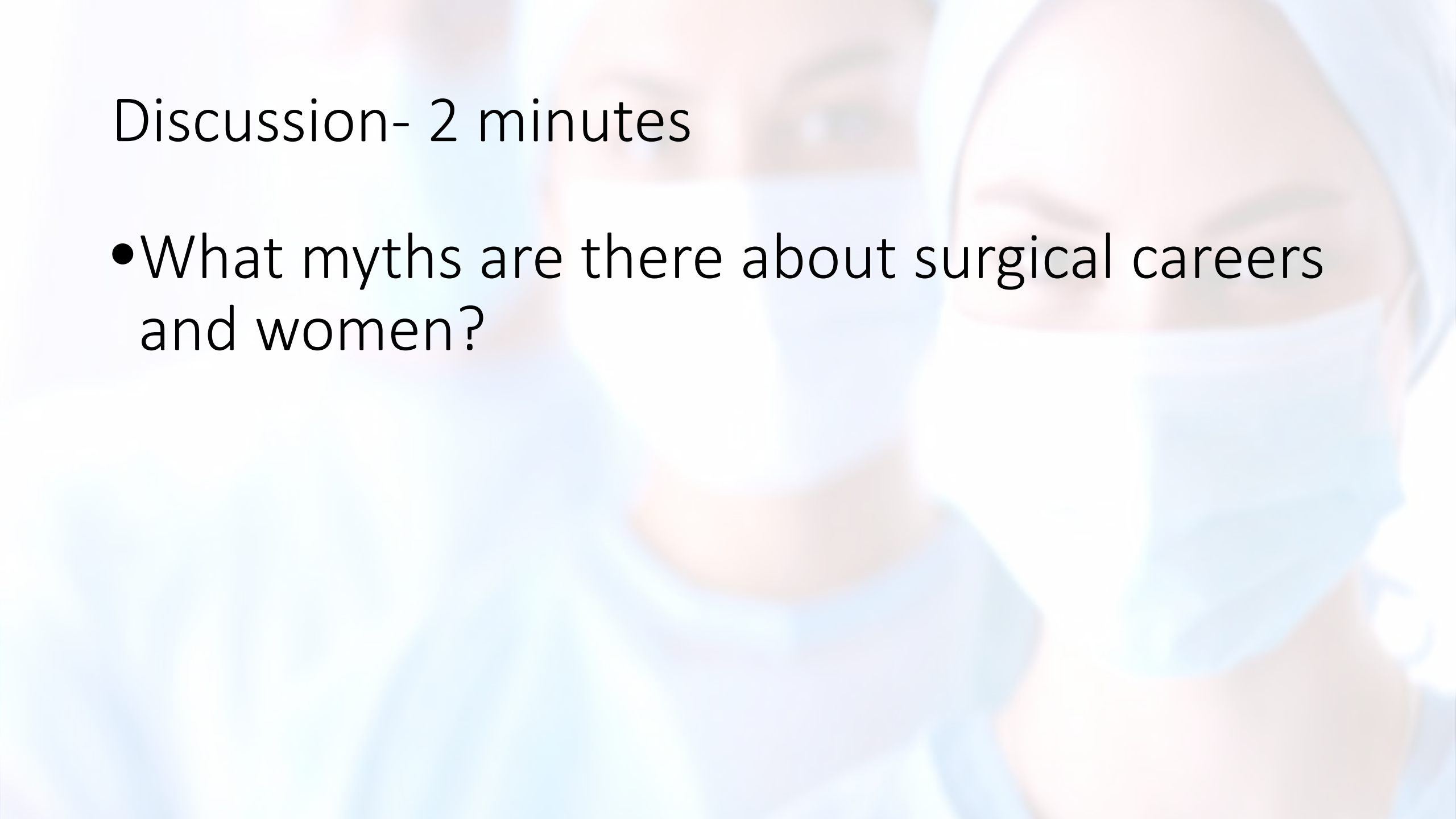
Introductions and Welcome

- Ms Beryl De Souza
- Ms Elizabeth (Lizzy) Elsey
@lizzyelsey



Discussion- 2 minutes

- Why are you here?
- What do you want to know?



Discussion- 2 minutes

- What myths are there about surgical careers and women?

Objectives

- To provide you with guidance for pursuing a career in surgery.
- To provide you with signposting for further information.
- To help you discover what you need to do to be successful in applying.
- To dispel myths about surgical careers.

UK numbers applying to CST

- 2005 - 7:1
- 2011 - 3.7:1
- 2012 - 2.1:1
- 2013 - 1.9:1
- 2014 – 2.2:1
- 2015 – 2.3:1

Combinations of applications to specialties

Crossover of applicants applying to combinations of specialties

	Paediatrics	Ophthalmology	Cardiothoracic Surgery	Neurosurgery	Obstetrics and Gynaecology	Community Sexual and Reproductive Health	Histopathology	Clinical Radiology	Anaesthetics	General Practice	Public Health	ACCS Emergency Medicine	Broad Based Training	Core Medical Training	Core Psychiatry Training	Core Surgical Training
Paediatrics	823	17	4	5	29	4	5	33	40	217	16	42	68	116	31	21
Ophthalmology	17	382	9	14	11	4	12	59	26	109	14	17	10	56	16	51
Cardiothoracic Surgery	4	9	68	12	5	1	3	13	8	8	0	6	3	9	3	47
Neurosurgery	5	14	12	175	5	1	5	27	16	18	0	9	3	16	5	86
Obstetrics and Gynaecology	29	11	5	5	634	27	6	37	35	178	10	33	17	79	26	83
Community Sexual and Reproductive Health	4	4	1	1	27	100	6	18	4	58	16	9	10	25	16	5
Histopathology	5	12	3	5	6	6	204	42	9	76	17	12	6	35	16	12
Clinical Radiology	33	59	13	27	37	18	42	944	84	318	55	64	30	167	57	153
Anaesthetics	40	26	8	16	35	4	9	84	1298	218	13	164	20	279	32	111
General Practice	217	109	8	18	178	58	76	318	218	5143	144	239	253	754	312	226
Public Health	16	14	0	0	10	16	17	55	13	144	751	15	15	54	38	10
ACCS Emergency Medicine	42	17	6	9	33	9	12	64	164	239	15	888	28	174	27	80
Broad Based Training	68	10	3	3	17	10	6	30	20	253	15	28	362	127	53	16
Core Medical Training	116	56	9	16	79	25	35	167	279	754	54	174	127	2634	109	121
Core Psychiatry Training	31	16	3	5	26	16	16	57	32	312	38	27	53	109	707	25
Core Surgical Training	21	51	47	86	83	5	12	153	111	226	10	80	16	121	25	1440

Where are the F2s going?

- Career break – **13.1%**
- Service role in the UK - **9.2%**
- Seeking employment as a doctor in the UK - **8.6%**
- Appointment outside the UK – approx **6%**
- Seeking employment as a doctor outside the UK - **4.3%**
- Entered specialty training outside the UK - **0.4%**
- Anatomy demonstrator - **5.5%**
- Locum appointment for training in the UK - **0.5%**
- Left the profession - **0.3%**

Entry Requirements: Core

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- ▶ 3-Stage Guide to Recruitment
 - ▶ Stage 1 – Getting Started
 - ▶ Stage 2 – Making an Application
 - ▶ Stage 3 – Interviews and Offers
- ▶ Applicant Handbook
- ▶ Competition ratios
 - ▶ 2011 Competition Ratios
 - ▶ 2012 Competition Ratios
 - ▶ 2013 Competition Ratios
 - ▶ 2014 Competition Ratios
 - ▶ 2015 Competition Ratios
- ▶ **Person Specifications**
 - ▶ 2015 Person Specifications
 - ▶ **2016 Person Specifications**
- ▶ Vacancies

2016 Person Specifications

Person Specifications

Each specialty (and the level at which you would be entering training) has a nationally agreed person specification that lists the required competences for that specialty. In making an application, you will need to provide evidence to prove that you have achieved the specified competences. Requirements will also be included in the application details for each post.

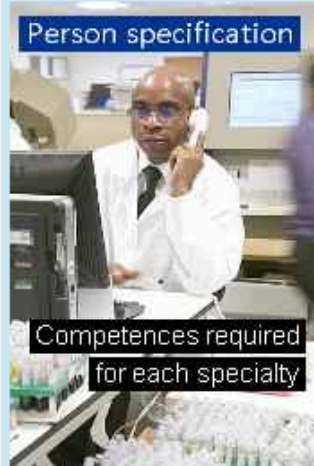
Academic Clinical Fellowships

If you are applying for an [Academic Clinical Fellowship](#) (ACF), you will need to meet the criteria in both the clinical person specification for your chosen specialty and level and the [NIHR ACF Person Specification](#).

Themed core specialties	Person specifications available
Acute Care Common Stem	
(ACCS) Acute Medicine	CT1
(ACCS) Anaesthesia	CT1
(ACCS) Emergency Medicine	CT1 CT2 ST3
Emergency Medicine (EM)	ST3 DREEM ST4
Anaesthesia (Core)	CT1 CT2 ST3
Intensive Care Medicine	ST3

Search our site:

Person specification




Competences required for each specialty

3-Stage Guide to Recruitment:

- Stage 1 – Getting Started
- Stage 2 – Making an Application
- Stage 3 – Interviews and Offers

Core/Specialty surgery personal specification

Broad-based training  CT1/ST1	
Surgical specialties	Person specifications available
Core Surgical Training  CT1	
Cardiothoracic Surgery	 ST1  ST3
General Surgery	 ST3
Oral & Maxillofacial Surgery (OMFS)	 ST1  ST3
Otolaryngology (ENT)	 ST3
Paediatric Surgery	 ST3
Plastic Surgery	 ST3
Trauma & Orthopaedic Surgery	 ST3
Urology	 ST3
Vascular Surgery	 ST3
Psychiatry	Person specifications available
Core Psychiatry Training	 CT1


RTFM!

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 - ▶ [2013 Competition Ratios](#)
 - ▶ [2014 Competition Ratios](#)

Applicant Handbook

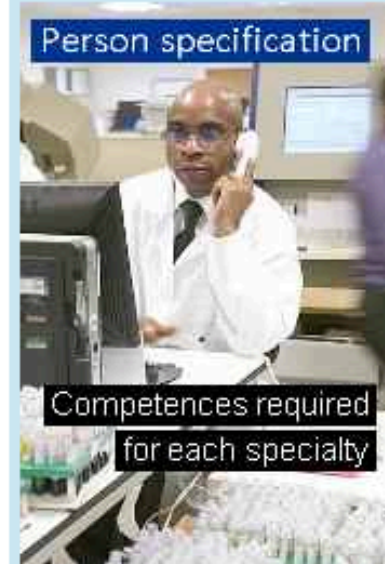
The Specialty Recruitment Applicant Handbook is intended to help you make the best possible applications, starting with your specialty choices and continuing through the application process to its outcome.

The 2016 Applicant Handbook is attached here –  [Applicant Handbook 2016](#)

Share:      

Search our site:

Person specification



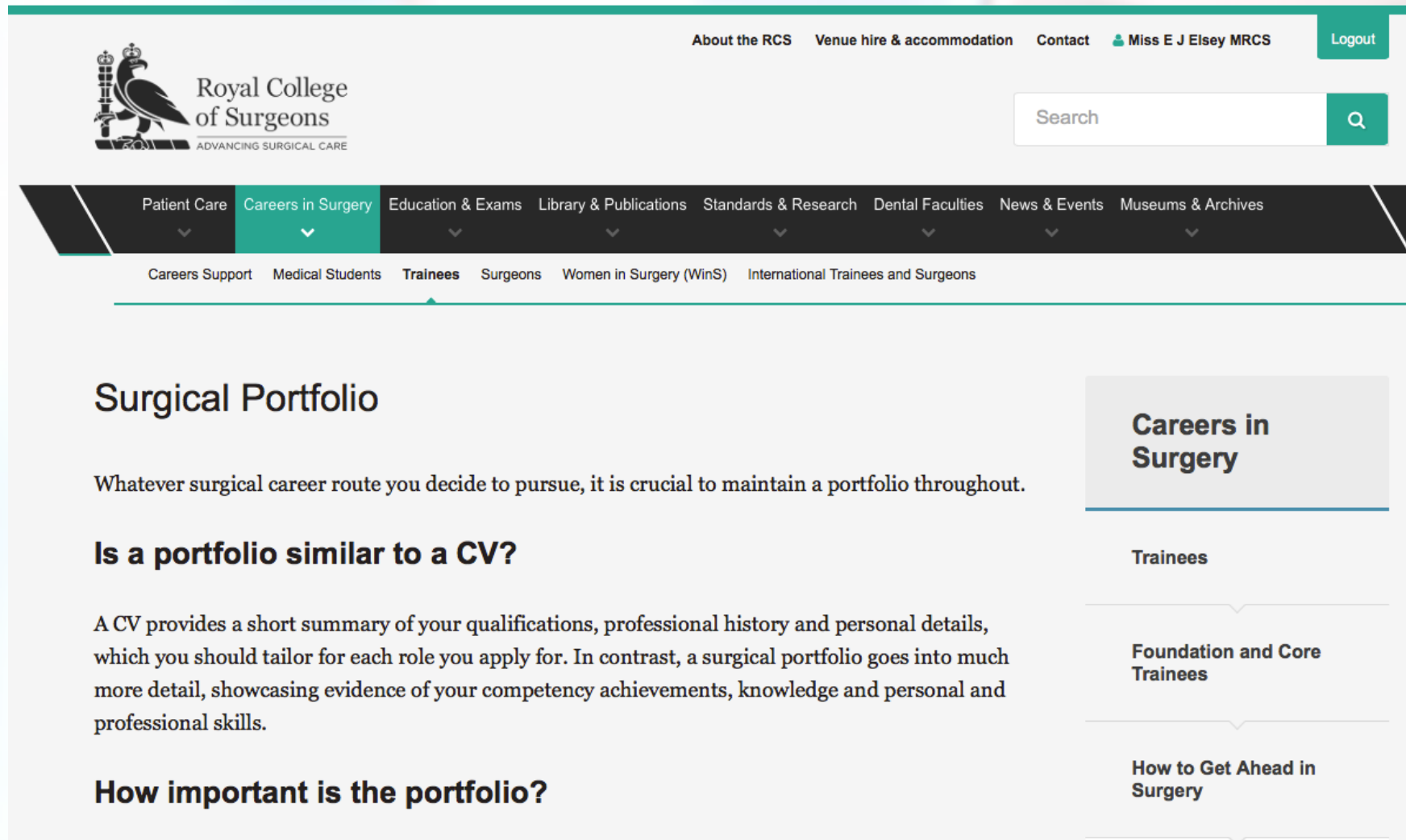
Competences required
for each specialty

Portfolios

- Method of demonstrating your achievements at an interview.
- A chance to shine!
- Be professional.

Portfolios

<https://www.rcseng.ac.uk/careers-in-surgery/trainees/foundation-and-core-trainees/how-to-get-ahead-in-surgery/surgical-portfolio/>



The screenshot displays the Royal College of Surgeons (RCS) website. The header includes the RCS logo, navigation links (About the RCS, Venue hire & accommodation, Contact, Miss E J Elsey MRCS, Logout), and a search bar. The main navigation menu is divided into sections: Patient Care, Careers in Surgery (highlighted), Education & Exams, Library & Publications, Standards & Research, Dental Faculties, News & Events, and Museums & Archives. Below this, a sub-menu for 'Careers in Surgery' lists: Careers Support, Medical Students, **Trainees** (highlighted), Surgeons, Women in Surgery (WinS), and International Trainees and Surgeons.

Surgical Portfolio

Whatever surgical career route you decide to pursue, it is crucial to maintain a portfolio throughout.

Is a portfolio similar to a CV?

A CV provides a short summary of your qualifications, professional history and personal details, which you should tailor for each role you apply for. In contrast, a surgical portfolio goes into much more detail, showcasing evidence of your competency achievements, knowledge and personal and professional skills.

How important is the portfolio?

Careers in Surgery

- Trainees
- Foundation and Core Trainees
- How to Get Ahead in Surgery

Points

Key Skill	Maximum marks awarded
Bsc Hons/ MSc/ MD/ Mphil/ PhD	2
CPD Courses	3
Exceptional performance at UG/FY	4
Clinical/ procedural experience in both surgical and non-surgical roles	3
Clinical Audit / Service Improvement	5
Teaching	5
Presentations/ abstracts/ publications	5
Commitment to surgery	5
Organisation of Portfolio	3

Portfolios

- Logbook of clinical activity
- Trainers' reports
- Audits
- Presentations
- Publications
- Prizes
- Teaching
- Courses
- Leadership and management



Discussion

- What are you missing?
- How are you going to fill the gaps?

Top Tips

- Be organised early
- Professional appearing portfolio = important
- Practice interviews with friends. Have an OSCE party! – impossible to over prepare
- Practice skill stations
- Find a friendly CT/SpR

Top Tips

- Surgical societies
- Regional events
- Courses: FSS/ BSS
- Prizes
- RCSEng

ASiT

- Join!
- www.asit.org
- Lost Tribe Study



£40!

RCS Affiliate Membership

RCS Affiliate membership will support you throughout your studies and training.

Access advice, resources and opportunities to help you stand out from the crowd during this important time in your career.

- Stay up to date
- Study support
- Get ahead
- Career development

£15!

Myths

- You can't be a female surgeon and work less than full time and have a family and *be taken seriously*.
- Women surgeons are all psychopaths/ hard, rude Type-A personality types.
- It's very competitive; you have to be an outstanding, superhero in order to succeed.

LTFT

- Claire Murphy: RCS Eng Flexible Working Advisor
- It can be done!
- 50% vs 70/80%
- Organisation key- home and work

Research

- Academic Training Pathways
- OOPR
- Necessity of a higher degree?
- Curriculum publication requirement

Q&A

