

Q-PROM postoperative questionnaire

FACE-Q – Facelift

Satisfaction with facial appearance overall

With your entire face in mind, in the past week, how dissatisfied or satisfied have you been with:

	Very dissatisfied	Somewhat dissatisfied	Somewhat satisfied	Very satisfied
a. How <u>symmetric</u> your face looks?				
b. How <u>balanced</u> your face looks?				
c. How <u>well-proportioned</u> your face looks?				
d. How your face looks at the <u>end of your day</u> ?				
e. How <u>fresh</u> your face looks?				
f. How <u>rested</u> your face looks?				
g. How your <u>profile</u> (side view) looks?				
h. How your face looks in <u>photos</u> ?				
i. How your face looks when you first <u>wake up</u> ?				
j. How your face looks under <u>bright lights</u> ?				

Scoring key: Very dissatisfied = 1, somewhat dissatisfied = 2, somewhat satisfied = 3, very satisfied = 4

Symptom checklist – lower face and neck

These questions ask about problems you may be experiencing.

With your cheeks, lower face and neck in mind, in the past week, how much have you been bothered by:

	Not at all	A little	A lot
a. Parts of your face feeling <u>numb</u> ?			
b. Tightness?			
c. Parts of your face <u>not</u> looking smooth (eg bumpy)?			
d. Parts of your face feeling <u>sensitive</u> to the touch?			
e. Tingling?			
f. How your <u>scars feel</u> (sore, tender, itchy)?			
g. Discomfort?			
h. Itching?			
i. How your <u>scars look</u> (obvious, noticeable)?			
j. Pulling?			
k. Swelling?			
l. Parts of your face feeling <u>hard</u> (too firm)?			
m. Difficulty with facial expressions (eg smiling)?			
n. Bruising?			
o. Difficulty with certain facial movements (eg whistling, drinking)?			

Scoring key: Not at all = 1, a little = 2, a lot = 3

These tools have been developed by The Memorial Sloan Kettering Cancer Centre (MSKCC) who have granted royalty-free use as part of the RCS data collection initiative. MSKCC charge for-profit researchers to use these tools.

If you are an RCS member you can access the scoring tables through your College login. Other users should contact Anne Klassen (aklass@mcmaster.ca).

To find out more about the background and development of the Q-PROM tools please go to www.BREAST-Q.org or www.FACE-Q.org