

Q-PROM preoperative questionnaire

BODY-Q – Abdominoplasty

Important: Please note that the same BODY-Q tool is used both pre- and postoperatively.

Satisfaction with abdomen

With your abdomen (ie your belly or tummy area) in mind, in the past week, how dissatisfied or satisfied have you been with:

	Very dissatisfied	Somewhat dissatisfied	Somewhat satisfied	Very satisfied
a. How your <u>clothes fit</u> your abdomen?				
b. The <u>size</u> of your abdomen?				
c. How your abdomen looks from the <u>side</u> (ie profile view)?				
d. The <u>shape</u> of your abdomen?				
e. How your abdomen looks in a <u>swimsuit</u> ?				
f. How <u>toned</u> your abdomen looks?				
g. How your abdomen looks when you are <u>naked</u> ?				

Scoring key: Very dissatisfied = 1, somewhat dissatisfied = 2, somewhat satisfied = 3, very satisfied = 4

These tools have been developed by The Memorial Sloan Kettering Cancer Centre (MSKCC) and McMaster University who have granted royalty-free use as part of the RCS data collection initiative. MSKCC charge for-profit researchers to use these tools.

If you are an RCS member you can access the scoring tables through your College login. Other users should contact Anne Klassen (aklass@mcmaster.ca).

To find out more about the background and development of the Q-PROM tools please go to www.BREAST-Q.org or www.FACE-Q.org