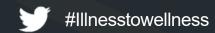




Illness to wellness conference:

Preventing suicide and supporting mental health wellbeing in theatre teams

11 October 2019 St John's College, Oxford



Programme

8.45am	Registration – Breakfast and networking	
9.30am	Aims of the day	Mr Andrew Miles RCS South Central Regional Director
	Session 1 - Chair: Mr Andrew Miles	
9.45am	A surgeon's experience	Professor Neil Mortensen RCS Vice President
10.15am	Building resilience	Dr Helen Bolderston Clinical Psychologist and Senior Lecturer in Psychology
10.45am	Avoiding burnout	Professor Tan Arulampalam Consultant Surgeon and Visiting Professor of Surgery
11.15am	The PHP - working to support doctors' wellbeing	Dr Clare Gerada NHS PHP and NHS GPH Medical Director
12pm	Panel discussion	
12.20pm	Lunch	
	Session 2 - Chair: Professor Farah Bhatti	
1.10pm	Fatigue and the ageing anaesthetist	Professor Jaideep Pandit Consultant Anaesthetist
1.40pm	Substance abuse in surgeons	Dr Ruth Mayall Consultant Anaesthetist (retired)
2.10pm	Suicide - An anaesthetist's perspective	Dr Samantha Shinde
2.40pm	Panel discussion	Consultant Anaesthetist
3pm	Refreshment break	
	Session 3 - Chair: Professor Kevin Turner	
3.10pm	Introduction to session	Professor Kevin Turner Consultant Urological Surgeon
3.20pm	Resolutions and restoration	Dr Suzanne Shale Independent medical ethics consultant and researcher
3.50pm	SAEFAR - What the RCS is doing to support teams in the aftermath of adverse events	Professor Kevin Turner Consultant Urological Surgeon Mr Ralph Tomlinson Acting director, Professional and Clinical Standards, RCS
4.20pm	How the BMA support doctors' wellbeing	Mr Tom Rapanakis Head of Wellbeing Support Services, BMA
4.40pm	Panel discussion	or trouboning support sorthood, blind
5pm	Closing remarks	