



Royal College  
of Surgeons

ADVANCING SURGICAL CARE



# Illness to wellness conference:

## Preventing suicide and supporting mental health wellbeing in theatre teams

11 October 2019  
St John's College, Oxford



#Illnesstowellness

# Programme

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9.30am Welcome and introduction

Andrew Miles

## Session 1: Supporting health professions

9.45am A surgeon's experience

Professor Neil Mortensen

10.15am Building resilience

Helen Bolderston

10:45am Avoiding burnout

Tan Arulampalam

11.15am The PHP - working to support doctors' wellbeing

Clare Gerada

12pm Panel discussion

12.20pm Lunch

## Session 2

1.10pm Introduction

1.20pm An anaesthetist's experience

Professor Jaideep Pandit

1.50pm TBA

TBC

2.15pm TBA

TBC

2.40pm Panel discussion

## Session 3: Responding to adverse outcomes

3pm Introduction

Professor Kevin Turner

3.10pm Resolutions and restoration

Suzanne Shale

3.40pm SAEFAR - What the RCS is doing to support teams in the aftermath of adverse events

Professor Kevin Turner  
Ralph Tomlinson

4.10pm How the BMA support doctors' wellbeing

Tom Rapanakis

4.40pm Panel discussion

5pm Closing remarks