

Derby Rota Re-design for IST 2018

Issues

Low numbers of rota slots, high service to training ratio of work. Recruitment failure to fill vacant slots with doctors, lack of continuity on the firm for trainees.

Existing SHO timetable (2017) – Rolling week 1:10

Week	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	D/O	D/O	D/O	D/O	SAU	SAU	SAU
2	D/O	Elective firm	Elective firm	Elective firm	Elective firm		
3	SAU	SAU	SAU	SAU	D/O		
4	Elective firm	Elective firm	Elective firm	Elective firm	Elective firm		
5	Elective firm	Elective firm	Elective firm	D/O	Nights	Nights	Nights
6	Post nights	D/O	Elective firm	Elective firm	Elective firm		
7	Nights	Nights	Nights	Nights	Post nights		
8	Elective firm	Elective firm	Elective firm	Elective firm	D/O	Elective round	Elective round
9	Elective firm	Elective firm	Elective firm	Elective firm	Elective firm		
10	Emerg Theatre	Emerg Theatre	Emerg Theatre	Emerg Theatre	Emerg Theatre		

- Disjointed, on and off elective firm.
- Slot allocation 1 GPVTS, 3 F2's, 6 CT's - total 11.

New IST timetable (2018) – Rolling week 1:13

Week	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	Nights	Nights	Post nights	D/O	Nights	Nights	Nights
2	Post nights	D/O	Nights	Nights	Post nights		
3	SAU	SAU	SAU	SAU	D/O		
4	Emerg Theatre	Emerg Theatre	D/O	D/O	SAU	SAU	SAU
5	D/O	D/O	Emerg Theatre	Emerg Theatre	Emerg Theatre	Elective round	Elective round
6	D/O	Elective firm	Elective firm	Elective firm	Elective firm		
7	Elective firm	Elective firm	Elective firm	Elective firm	Elective firm		
8	Elective firm	Elective firm	Elective firm	Elective firm	Elective firm		
9	Elective firm	Elective firm	Elective firm	Elective firm	Elective firm		
10	Elective firm	Elective firm	Elective firm	Elective firm	Elective firm		
11	Elective firm	Elective firm	Elective firm	Elective firm	Elective firm		
12	Elective firm	Elective firm	Elective firm	Elective firm	Elective firm		
13	Emerg Theatre	Emerg Theatre	Emerg Theatre	Emerg Theatre	Emerg Theatre		

- On calls pushed into one block allowing more continuity on the elective firm with trainers.
- Additional weeks in Emergency Theatre (8-5pm) allocated to CT / IST trainees to obtain competencies (as opposed to GPVTS / F2 trainees).
- Elective firm time continuous.
- Two extra slots on rota allocated to wider surgical workforce (ACP's), increasing numbers and more in training to increase rota slots further in the future.
- Slot allocation: 3 IST, 1 GPVTS, 2 ACP (Wider Surgical Workforce), 3 F2's, 4 CT's – Total 13.