



Royal College  
of Surgeons  
ADVANCING SURGICAL CARE



## Prehabilitation and perioperative care conference

Friday 22 November 2019  
De Vere Holborn Bars, London

# Programme

9am **Registration and refreshments**

9.45am Welcome and overview of the day

Derek Alderson  
RCS President

Ravi Mahajan  
RCOA President

9.55am Background to Perioperative care

Dave Selwyn  
CPOC Director

## **Patient risk assessment and stratification Chair TBC**

10.10am The case to get patients fit for surgery

TBC

10.45am A patient's perspective of prehabilitation

Andy Burgen  
Chair of the RCS PLG, RCS

11.05am Health and Social Services

Chris Packham  
Faculty of Public  
Health Representative

11.25am Risk assessment and stratification

Ramani Moonesinghe  
Director of Health Services  
Research Centre, PQIP

11.40am **Q & A panel discussion**

11.55am **Refreshment break**

## **Elements of prehabilitation Chair John Abercrombie**

12.10pm Understanding and improving  
cardiorespiratory fitness using exercise

Denny Levett  
Consultant in critical care  
and perioperative medicine

12.30pm Prehabilitation: The role of primary care

Rachel Lee  
General Practitioner,  
Woodlands Medical Centre

# Programme

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12.50pm Prehabilitation: A multidisciplinary approach  
Rachel Barlow  
Clinical lead for rehabilitation and enhanced recovery

1.10pm Prehabilitation: Importance of smoking cessation  
James Prentis  
Consultant Anaesthetist  
Freeman Hospital, Newcastle

1.25pm Q & A panel discussion

1.40pm *Lunch and exhibition*

## Webb Johnson Oration

2.30pm Keynote address: Webb Johnson Oration  
Chris Snowden  
B.Med.Sci (Hons) FRCA MD

## Models of prehabilitation and preparing for the future Chair Tim Rockall

3.20pm Prehabilitation: UK and International perspective  
Sandy Jack  
Professor of Prehabilitation Medicine  
University Hospital Southampton

3.40pm Next steps for prehabilitation  
TBC

4pm Prehabilitation in Oncology  
June Davis  
Allied Health Professional Advisor  
Macmillan Cancer Support

4.20pm Prehabilitation: The Surgeons perspective  
TBC

4.40pm Q & A panel discussion

5pm *Summary and closing remarks*  
Ravi Mahajan  
RCOA President

5.20pm **Networking drinks reception**